

Coffee

Espresso | 2/4
Americano | 5
Macchiato | 5
Cappuccino | 6
Latte | 6
Mocha | 6
Dirty Chai | 7
Matcha Latte | 8
Coconut Cold Brew | 6
Add Coconut Oil \$2

Tea

Yunnan Black Gold | 5
Masala Chai | 5
Earl Grey | 5
Jasmine Cloud | 5
Moroccan Mint | 5
Sensei | 5
Zak's | 5
Yunnan Mao Feng | 5

Wines & Beers

Giuliana Prosecco 15/68
Flor Rosé Prosecco 15/68
GH Mumm Brut Champagne 29/130
Jermann Pinot Grigio 16/64
Justin Sauvignon Blanc 15/60
Landmark Chardonnay 16/64

Ask About Our \$10 Wine of the Day

Stella Artois | 8
Peroni | 8
Cigar City "Jai Alai" IPA | 8

Happy, Healthy Spirits | 16

The Italian Job
Giuliana Prosecco, Cocchi Americano Rosa, REAL
Peach, Lemon, Club Soda

St. Germain Spritz
Flor Rosé Prosecco, St. Germain, Basil, Club Soda,
Giffard Pamplemousse

Silly Rabbit
Belvedere Ginger Zest, Carrot Juice, Turmeric +
Cayenne + Honey Syrup, Lemon, Orange Bitters

Manic Botanic
The Botanist Gin, Cucumber, Moringa, Kale,
Collard Greens, Celery, Apple, Citrus, Agave

Amazonian Mule
Yaguara Cachaca, Acai Syrup, Fresh Mint,
Lime, Peychaud's Bitters, Q Ginger Beer

Brain Freeze | 16

Skinny Pina
Bacardi Light Rum, Organic Coconut Water,
Pineapple, Lime
Add on Appleton Reserve Floater +8

Frosé
Rosé Wine, Skyy Vodka, Lillet, Peach, Citrus

Aperol Spritz
Aperol, Bombay Dry Gin, Rosé Prosecco,
Passion Fruit, Citrus

Fro-zito
Bacardi Light Rum, Fresh Mint, Citrus

Boozy Ice Cream | 14

The Dirty Mojito
Key Lime Martini
Smoked Sweet Plantain
El Coco Loco
Strawberries & Rose
Charred Corn & Mexican Vanilla



plnthouse
the good kitchen

ALL DAY BREAKFAST

Fit Parfait (VG) | 13 - Chia Seeds, Yogurt, Peach Preserve, Almond-Ginger Clusters

Fresh Fruit Cup (V,PL) | 7

Mixed Berries (V,PL) | 9

Overnight Oats (V) | 13 - Organic Almond Milk, Golden Raisin, Almond, Apple, Blueberry, Cinnamon, Agave

Hard Boiled Eggs (VG,KT,PL) | 5

American | 12 - Egg, Cooper Cheddar, House Roasted Turkey, Sundried Tomato Spread, Croissant

Harvest Sandwich (VG) | 13 - Ratatouille, Arugula, Kale Pesto, Ciabatta Bread

Bistro Sandwich | 15 - Parisian Ham, Triple Cream Brie, Lemon-Herb Mustard, Bocota Bread Avocado

Avocado Toast (VG) | 14 - Multigrain, Tomato, Affilia Crest, Black Pepper, Lemon Oil

Waffle (GF,V) | 10 - Berry Compote, Maple Syrup

Acai Sorbet Bowl (VG) | 13 - Berry, Banana, Granola, Coconut Flakes, Almond Butter

FLAT BREAD

Cauliflower or Flat Bread

Margherita (VG) | 18 - Tomato Sauce, Mozzarella, Fresh Basil, EVOO

Fig + Pear (VG) | 19 - Fig Spread, Shaved Pear, Goat Cheese, Arugula, Truffle

FROM OUR NEIGHBORS

Guacamole + Chips (V) | 15

1SB Burger | 21 - Wagyu, Cooper Cheese, Lettuce, Tomato, Pickles, 1SB Sauce, Challah Bun, Fries

Chicken Tenders | 14 - With Fries

Consuming raw or undercooked meats, poultry, seafood, shellfish, eggs or unpasteurized milk may increase your risk of foodborne illness.

APPLICABLE TAXES AND AN 18% SERVICE CHARGE WILL BE ADDED TO ALL CHECKS

LUNCH FAVORITES

Keto Cobb (GF,KT) | 15 - Blackened Shrimp, Tomato, Egg, Radish, Scallions, Bacon Mustard

Tomato & White Bean Salad (GF,V) | 14 - Baby Kale, Cucumber, Lemon, Olive Oil

Curry Cauliflower + Sweet Potato (PL,V) | 14

Farm Greens (GF,V,PL) | 15 - Shaved Baby Vegetable, Heirloom Tomato, Roasted Sunflower Seeds, Herb Sherry Vinaigrette

Grains (V) | 11 - Organic Red Quinoa, Farro, Sweet Potato, Roasted Broccolini, Lemon Vinaigrette

Campanelle Pasta (VG) | 11 - Ratatouille, Ricotta Salatta, Pepita Pesto Drizzle

Egg-less Salad Sandwich (V) | 12 - Tofu, Turmeric, Pickled Carrot, Tomato, Lettuce, Aioli, Challah Bun

Salmon Salad Wrap | 15 - Lemon-Dill Crème Fraîche, Tomato, Celery, Chives, Greens, Fennel, Spinach Tortilla

SB Club | 15 - House Roasted Turkey, Pepper Jack, Smoked Bacon, Tomato, Chipotle Aioli, Local Sprouts, Cranberry Bread

Poke Bowl | 16 - Tuna, Rice, Seaweed, Sesame, Avocado, Pickled Hijiki, Ginger, Kimchi Aioli

Healthy Go Bowl (GF,PL,KT) | 16 - Chicken Makhani, Cauliflower Rice, Cilantro

SUSHI

1SB Veggie Roll (GF,V) | 15 - Greens, Yamagobo, Cucumber

California Roll (GF) | 16 - Crab Salad, Cucumber, Avocado, Furikake, Sesame Seeds

Spicy Tuna Roll (GF) | 17 - Tuna, Cucumber, Cilantro

VG - VEGETARIAN | V - VEGAN | GF - GLUTEN FREE
KT - KETO | PL - PALEO

COLD PRESSED & FRESH JUICE PROGRAM

Greenery 12 | Kale, Celery, Cucumber, Orange, Green Apple, Collard Green, Mint

Pump It 12 | Pistachio, Almond Milk, Pumpkin Seed, Vanilla, Agave, Sea Salt

Citrus IV 12 | Lime, Orange, Coconut Water, Pink Grapefruit, Jalapeño, Ginger

Root B 12 | Carrot, Beet, Apple, Lemon, Ginger

Red Lover 7 | Lemon, Pitaya, Agave, H2O

Charro 7 | Mexican Cucumber, Cilantro, Agave, Lemon, H2O, Tajin

SMOOTHIE PROGRAM

ask your server about adding supplements

PRE-WORKOUT

Adrenaline 13 | Organic Almond Milk, Espresso Shot, Banana, Blueberry, Camu Camu

Swole 14 | Organic Whole Milk, Banana, Spinach, Raw Oats, Almond Butter, Protein Powder, Cinnamon, Honey

POST WORKOUT

ABC 13 | Organic Soy Milk, Banana, Avocado, Cacao, Bourbon Vanilla, Almond Butter, Honey

SPR Foods 14 | Coconut Water, Lemon, Pineapple, Peaches, Turmeric Root, Maca Root, Coconut Flakes

ALL DAY FAT BURNER

Orange Huggers 12 | Orange Juice, Carrot, mango, Pineapple, Ginger Root, Lemon, Honey

Think Green 13 | Organic Almond Milk, Matcha, Spinach, Avocado, Banana

LIFESTYLE

Antioxidant 12 | Organic Whole Milk, Banana, Strawberry, Dates, Coconut Flakes, Honey

The 1 14 | Organic Soy Milk, Acai, Pitaya, Banana, Vanilla Bean Yogurt, Dates

SHOTS

Awakening 6 | Lemon, Organic Apple Cider, Ginger, Agave, Blood Orange

Comandante 6 | Moringa, Lemon, Turmeric, Cilantro, Aloe Verá, Celery