

breakfast

Toasted Muesli Bowl_ Coconut Yogurt, Berries | 15

Avocado Toast_ Shaved Vegetables, Herbs, Chili Oil | 14

Brazilian Quinoa Breakfast_ Brazil Nut Milk, Strawberries, Bananas, Almond Butter, Granola | 16

Garbanzo Scramble_ Roasted + Steamed Vegetables, Herbs, Chipotle Aioli | 16

lunch

START | SHARE

Yuzu Guacamole_ Pickled Jalapeño, Daikon, Wasabi Crackers_ GF-NF | 14

Sprouted Garbanzo Hummus_ Harissa, Za'atar Crackers_ NF | 12
NF. *Can be GF w/out the lavash.

French Lentil Pate_ Cashew-Dill Sour Cream, Rice Crisps_ GF | 12

Thai Rice Paper Wraps_ Avocado, Red Pepper, Mango, Red Cabbage, Sprouts, Herbs, Tamarind Dipping Sauce_ GF | 12

SALADS

One Salad_ Shaved Vegetables, Hemp Seeds, Sunflower Sprouts, Spicy Macadamia Nuts, Avocado, Chili-Lime Vinaigrette | 15
Can be made NF.

Golden Tomato + Avocado_ Mizuna, Watermelon Radish, Daikon Sprouts, Candied Ginger, Yuzu Miso Dressing_ GF-NF | 14

Spicy Citrus Kale_ Baby Kale, Sprouts, Orange Supremes, Candied Almonds, Red Peppers, Cucumbers, Carrots, Togarashi Vinaigrette | 15
Can be made NF.

Seaweed & Sprout_ Sunflower, Radish Pea Sprouts, Wakame Dulse, Dried Mango, Pistachio-Mint Dressing_ GF | 14

BOWLS

Cauliflower Falafel Bowl_ Quinoa-Hemp Seed Tabouli, Sprouted Chickpea Hummus, Harissa Tahini_ GF-NF | 15

Carrot Ginger Kelp Noodles_ Rainbow Carrots, Watercress, Shredded Nori _ GF-NF | 16

One Bowl_ Brown Rice, Sprouted Lentils, Roasted Broccoli Crowns, Massaged Kale, Nori, Sprouts, Turmeric Dressing_ GF-NF | 15

Zucchini Noodle Bowl_ Pistachio Pesto, Cashew Ricotta, Slow Roasted Tomato_ GF | 15

WRAPS | SANDWICHES

Roasted Tomato_ Turmeric Sunflower Cheddar, Herb Aioli, Arugula, Zack The Baker Bread_ NF | 14

Reuben_ Smoked Mushroom, Mustard Seed Kraut, Sun-Dried Tomato Russian Dressing, Arugula, Rye | 16

Bahn Mi Wrap_ Ginger Roasted Eggplant, Lentil Pate, Smoked Jalapeño Cream, Carrots, Radish, Herbs, Collards_ GF | 13

feel good, eat good, be in good company.

beverage

JUICE

Clean Green_ Kale, Celery, Cucumber, Mint, Lemon | 13

Sweet Green_ Green Apple, Pineapple, Fennel, Kale, Ginger, Cilantro, Lemon, Lime | 13

Mixed Up_ Carrot, Beet, Kale, Celery, Cucumber, Lime, Ginger | 13

Cold Killer_ Grapefruit, Orange, Apple, Lemon, Ginger | 13

Ginger + Turmeric Shot_ Lemon, Black Pepper, Cayenne Pepper | 5

LOCAL & UNIQUE

Non-Prophet Passionfruit Kombucha_ Draft | 6

Non-Prophet Ginger Beer_ Draft | 6

JOJO Tea Everspring Cold Brew | 8

Green Lemonade | 8

Coconut Water | 6

smoothies | bowls

One Acai_ Açai, Banana, Strawberry, Blueberry, Spinach, Kale | 12

Tropical Pitaya_ Dragon Fruit, Banana, Mango, Pineapple, Coconut | 12

Green Smoothie_ Avocado, Banana, Strawberries, Spinach, Kale, Lime, Ginger, Apple | 12

Tropical Thai_ Mango, Coconut, Kale, Chlorella, Lime Juice, Thai Green Chili | 12

Cacao Nut_ Cacao, Banana, Brazil Nut, Dates, Hemp, Vanilla | 14

Cacao Green_ Coconut, Banana, Anandamide, Mucuna Pruriens, Kale, Vitamineral Greens, Moringa, Hemp Protein, Avocado, Dates | 20

Golden One_ Coconut, Mango, Pineapple, Orange, Turmeric, Aloe, MCT Oil, Maca, Cinnamon, Black Pepper, Tocotrienols | 20

Turn Your Smoothie Into A Bowl | 4

Choice of_ Spirulina Granola, Cacao Granola, Muesli

ONE UP YOUR SMOOTHIE | 3

Reishi Mushroom

Anandamide

Hemp Protein

Moringa

MCT Oil

Tocos

Maca

Vitamineral Greens

sun time cocktails glass/pitcher

Salutation to the Sunrise_ Prosecco. Blood Orange. Hibiscus-Dandelion Root. | 15/55

Light & Breezy_ Vodka. Lime. Non-Prophet Passion Fruit Kombucha.Ginger Beer. | 15/50

It's Always Sunny_ Gin. Watermelon. Basil. Lemon. Sparkling Water. | 15/50

Jardín en la Playa_ Tequila. Green Chartreuse. Serrano. Lime.Cucumber. Agave. | 15/50

Sugarcane Kisses_ Rum. Sweet Green Juice. Honey Syrup. | 15/50

beer in a can

Dues South, 1 Hotel Pale Ale | 8

Oskar Blues, Mama's Little Yella Pilsner | 8

Cigar City, Jai Alai IPA | 8

wine glass/bottle

SPARKLING

Andreola Dirupo | 13/49
Prosecco

Perrier Jouet | 29/99
Champagne
Grand Brut, NV

Dom Perignon | 505
Champagne
Brut, 2006

Lallier | 37/145
Champagne
Extra Brut Rose, NV

Billercart-Salmon | 195
Champagne
Brut Rose, NV

WHITE

August Kessler | 16/61
Riesling

King Estate | 14/53
Pinot Gris

Gerard Bertrand | 13/49
Sauvignon Blanc
Perles

Landmark | 15/57
Chardonnay

Stag's Leap | 19/73
Viognier

ROSE

Jean-Luc Colombo | 12/45
Cotes du Provence

Ermita de San Felices | 11/45
Rioja

RED

Acrobat | 14/53
Pinot Noir

Castellere | 19/73
Chianti Classico

La Posta Paulucci | 15/57
Malbec

Domaine de Seminaire | 14/53
Cotes du Rhone

SWEET

Chateau Pajzos | 19/72
Tokaji
5 Puttonyos, 2006

sweet

Mango Cheesecake_ Pistachio Crust, Lime Curd_ GF | 12

Pineapple/Cardamom Parfait_ Coconut Cream, Ginger Almond Crunch_ GF | 12

Cookies + Cream_ Chocolate Chip Cookie, Vanilla Bean Milkshake_ GF | 10

coffee | latte potion

Espresso | 4/7

Americano | 5

Macchiato | 5

Cappuccino | 5

Latte | 6

Mocha | 6

Dirty Chai | 7

Matcha Latte | 8

Coconut Cold Brew_ Choice of Almond or Macadamia Milk | 6

Add Coconut Oil \$2

JOJO TEA SELECTIONS

Yunnan Black Gold | 5

Masala Chai | 5

Earl Grey | 5

Jasmine Cloud | 5

Moroccan Mint | 5

Sensei | 5

Zak's | 5

Yunnan Mao Feng | 5

Daily Flavored Iced Tea | 5

Please note that some items may contain traces nuts, nut oils or may have been made alongside other products containing nuts.