

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Jan 2 – Jan 8	Freeze Dance Show us your best moves and stop when the music stops!	Roll the dice movement game Roll the dice and follow the fun instructions on the side it lands on	Head, Shoulder, Knees, Cone Fun movement game outside	Garden Yoga Learn different yoga poses with your friends	DIY Zen Garden Use sustainable items and nature inspired tools to create your own special zen garden	My Special Wishes Children create their own wands using wooden shapes and make special wishes	I am Grounded Learn different breathing techniques to use when you help getting grounded.
	Art Craft: Special 2022 Wish Wands	Art Craft: Make my own wish tree	Art Craft: Rock painting with intentions	Art Craft: Mandala coloring	Art Craft: Learn to make friendship bracelets	Art Craft I love you to pieces craft	Art Craft: Gratitude collage
10AM – 11AM							
11AM – 12PM							
12pm - 1pm	LUNCH & LEARN	LUNCH & LEARN	LUNCH & LEARN	LUNCH & LEARN	LUNCH & LEARN	LUNCH & LEARN	LUNCH & LEARN
2PM - 3PM	Head, Shoulder, Knees, Cone Fun movement game outside	My Special Wishes Children create their own wands using wooden shapes and make special wishes	Board game fun Work together on your favorite board games	Pearler beads Make a design and use your fine motor skills to bring your creation to life	Freeze Dance Show us your best moves and stop when the music stops!	Rainbow Scavenger hunt Take a nature walk and find something in every color of the rainbow	What am I doing? Game Fun improv game to get your sillies out
	What am I doing? Game Fun improv game to get your sillies out	Art craft: My cup of love: show all the things you love in this craft	STEM Density bottles: explore how different materials interact	Arti Craft: Special 2022 Wish Wands	STEM: Bridge building stacking challenge	Garden Yoga Learn different yoga poses with your friends	Head, Shoulder, Knees, Cone Fun movement game outside
3PM – 4PM							
Jan 9 – Jan 15	Pearler beads Make a design and use your fine motor skills to bring your creation to life	Freeze Dance Show us your best moves and stop when the music stops!	Five Senses Grounding 5 things you can see/4 things you can touch/3 things you can /2 you can smell/1 you want to taste	My Special Wishes Children create their own wands using wooden shapes and make special wishes	Head, Shoulder, Knees, Cone Fun movement game outside	I am Grounded Learn different breathing techniques to use when you help getting grounded.	Board game fun Work together on your favorite board games
	Art Craft: Mandala coloring	Art Craft: Rock painting with intentions	Art Craft: Gratitude cards	Roll the dice Roll the dice and follow the fun instructions on the side it lands on shapes	What am I doing? Game Fun improv game to get your sillies out	Art craft: My cup of love: show all the things you love in this craft	Art Craft: Special 2022 Wish Wands
10AM – 11AM							
11AM – 12PM							
12pm - 1pm	LUNCH & LEARN	LUNCH & LEARN	LUNCH & LEARN	LUNCH & LEARN	LUNCH & LEARN	LUNCH & LEARN	LUNCH & LEARN
2PM - 3PM	Five Senses Grounding 5 things you can see/4 things you can touch/3 things you can /2 you can smell/1 you want to taste	Board game fun Work together on your favorite board games	Rock Painting with Intentions Paint a rock while you add some special intentions.	Rainbow Scavenger hunt Take a nature walk and find something in every color of the rainbow	Arti Craft: Special 2022 Wish Wands	My Special Wishes Children create their own wands using wooden shapes and make special wishes	Pearler beads Make a design and use your fine motor skills to bring your creation to life
	What am I doing? Game Fun improv game to get your sillies out	Head, Shoulder, Knees, Cone Fun movement game outside	STEM: Bridge building stacking challenge	Holidays Around the World Learn about different holidays from around the world and share traditions you have with your family	Density Bottles Learn how different items interact in water with this STEM sink and float activity	Art Craft: Mandala coloring	Snowball Launcher Learn to make a catapult and test it using "snowballs"
3PM – 4PM							

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Jan 16 – Jan 22	10AM – 11AM Head, Shoulder, Knees, Cone Fun movement game outside what is it.	Five Senses Grounding 5 things you can see/4 things you can touch/3 things you can /2 you can smell/1 you want to taste	Roll the dice Roll the dice and follow the fun instructions on the side it lands on	Board game fun Work together on your favorite board games	I am Grounded Learn different breathing techniques to use when you help getting grounded	Pearler beads Make a design and use your fine motor skills to bring your creation to life	Garden Yoga Learn different yoga poses with your friends
	11AM – 12PM Art Craft: Gratitude cards	STEM: Bridge building stacking challenge	Art Craft: Learn to make friendship bracelets	Art Craft: Mandala coloring	STEM: Bridge building stacking challenge	My Name in the Stars Make your own special constellation craft – featuring your name!	Art craft: My cup of love: show all the things you love in this craft
12pm - 1pm	LUNCH & LEARN	LUNCH & LEARN	LUNCH & LEARN	LUNCH & LEARN	LUNCH & LEARN	LUNCH & LEARN	LUNCH & LEARN
2PM - 3PM	Pearler beads Make a design and use your fine motor skills to bring your creation to life	My Special Wishes Children create their own wands using wooden shapes and make special wishes	What am I doing? Game Fun improv game to get your sillies out	Roll the dice Roll the dice and follow the fun instructions on the side it lands on	Five Senses Grounding 5 things you can see/4 things you can touch/3 things you can /2 you can smell/1 you want to taste	Head, Shoulder, Knees, Cone Fun movement game outside	Freeze Dance Show us your best moves and stop when the music stops!
	3PM – 4PM Board game fun Work together on your favorite board games	Artist Craft: Special 2022 Wish Wands	Density Bottles Learn how different items interact in water with this STEM sink and float activity	Art Craft: Make my own wish tree	Garden Yoga Learn different yoga poses with your friends	Art Craft: Rock painting with intentions	Art Craft: Learn to make friendship bracelets
Jan 23 – Jan 29	10AM – 11AM Sea Animals Charades by the Beach Act out your favorite sea animal and have your friends guess what is it.	Roll the dice Roll the dice and follow the fun instructions on the side it lands on	Five Senses Grounding 5 things you can see/4 things you can touch/3 things you can /2 you can smell/1 you want to taste	My Special Wishes Children create their own wands using wooden shapes and make special wishes	DIY Zen Garden Use sustainable items and nature inspired tools to create your own special zen garden	What am I doing? Game Fun improv game to get your sillies out	Garden Yoga Learn different yoga poses with your friends
	11AM – 12PM Art Craft: Make my own wish tree	Head, Shoulder, Knees, Cone Fun movement game outside	Art Craft: Gratitude cards	Art craft: My cup of love: show all the things you love in this craft	Artist Craft: Special 2022 Wish Wands	Board game fun Work together on your favorite board games	Art craft: My cup of love: show all the things you love in this craft
12pm - 1pm	LUNCH & LEARN	LUNCH & LEARN	LUNCH & LEARN	LUNCH & LEARN	LUNCH & LEARN	LUNCH & LEARN	LUNCH & LEARN
2PM - 3PM	Five Senses Grounding 5 things you can see/4 things you can touch/3 things you can /2 you can smell/1 you want to taste	What am I doing? Game Fun improv game to get your sillies out	Rock Painting with Intentions Paint a rock while you add some special intentions.	Head, Shoulder, Knees, Cone Fun movement game outside	Pearler beads Make a design and use your fine motor skills to bring your creation to life	My Special Wishes Children create their own wands using wooden shapes and make special wishes	Roll the dice Roll the dice and follow the fun instructions on the side it lands on
	3PM – 4PM STEM: Bridge building stacking challenge	Art craft: My cup of love: show all the things you love in this craft	Board game fun Work together on your favorite board games	Density Bottles Learn how different items interact in water with this STEM sink and float activity	Art Craft: Make my own wish tree	Art Craft: Learn to make friendship bracelets	Board game fun Work together on your favorite board games