



## Miami Spa Month 2019 at Bamford Haybarn Spa

### ALL MIAMI SPA MONTHS OFFERS INCLUDE:

- Complimentary Valet Parking (\$25 value)
- Access to 1 Hotel beach with a complimentary Beach Chair (\$150 value)
- 15% off home care recommendations
- \*Monday-Friday bookings receive complimentary Knesko Rose Quartz or Black Pearl collagen eye treatment (\$30 value)

### RELAXING AROMATHERAPY MASSAGE (\$109)

50 minutes

Swedish Massage

Light pressure Swedish massage techniques are used to work into a muscle groups of back, shoulders with special attention given to any knots. Specific pressure points are targeted in the upper back and neck to encourage full relaxation and tension release.

### CLASSIC FACIAL (\$109)

50 minutes

Facial

Bamford facial is developed to promote a radiant complexion with a marriage of facial reflexology, lymphatic and stimulating lifting movements. We use our range of Bamford natural skin care and holistic therapeutic techniques to leave skin nourished and the mind relaxed and balanced.

### BAMFORD PREGNANCY MASSAGE (\$109)

50 minutes

Pre-natal Massage

A treatment tailored to the specific needs of the pregnant woman while using gentle and unscented oils designed by an expert in pregnancy yoga, the client is positioned for optimum comfort and support for a safe, deeply relaxing and restorative treatment. \*treatment available after first trimester.

### HIMALAYAN SALT STONE MASSAGE (\$139)

50 minutes

Hot Stone Massage

This highly relaxing and remineralizing body massage, using warm, hand-carved salt stones from Himalayan mountains balances the central; nervous system and nourishes depleted cells, leaving the body in a deep sense of relaxation. Stimulation of specific meridians on the body allow for improved sleep and reduces inflammation and give an immediate sense of improved well-being. Salt stones are use during the back massage.

### 24 KARAT GOLD FACIAL (\$139)

50 minutes

Facial

Instantly repair and firm your skin with Knesko nanogold infused face collagen treatment. This indulgent and hydrating facial combines the healing and anti-aging powers of gold, precious mineral to reduce the appearance of fine lines and wrinkles while reducing inflammation, redness, and puffiness.

### **AROMATHERAPY MASSAGE WITH DIAMOND FACE MASK (\$199)**

*80 minutes*

*Aromatherapy*

*More than just a massage, this light to medium pressure, head-to-toe treatment works with both the physical as well as the more subtle energetic layers of the body providing a relaxing experience while improving circulation. During this massage we will apply Knesko diamond radiance collagen face mask using the highest quality and most beneficial natural ingredients which will quickly restore, nourish and renew your skin, see instant results after your first treatment.*

### **BAMFORD REJUVENATING FACIAL (\$199)**

*80 minutes*

*Facial*

*Our restore skincare contains sodium hyaluronate, cacay nut oil, and soy stem cells. These ingredients combine to reduce fine lines and wrinkles, plump the skin, and repair damage. Skin is left firm, lifted, and youthful looking. This deeply hydrating treatment is ideal for dry or mature skin in need of deep re-hydration. Extractions included.*

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### **SPA GUIDELINES:**

*Register at the Spa for 1 Hotel Spa Day Pass. No pool access. Please arrive 15 minutes prior your scheduled service time. Late arrival will result in shorten the duration of your treatment to avoid inconveniencing other guests. Full treatment charges will still be applied. Spa lockers will be provided only during the time of your actual spa treatment visit. If you must cancel or change your reservation please note that we have 24-hour cancellation policy. Groups of 5+ are subjected to 72-hour cancellation policy. For your convenience a 20% service charge will be included on your service bill. Reservations are required. Please contact individual spas to book your treatments. Tax and gratuity are not included in Miami Spa Months treatment prices.*