

SEPTEMBER 2017

FIELD REPORT

guiding your stay



1

HOTEL  
*South beach*

1hotels.com

@1hotels

#explore1hotels

# walls with benefits



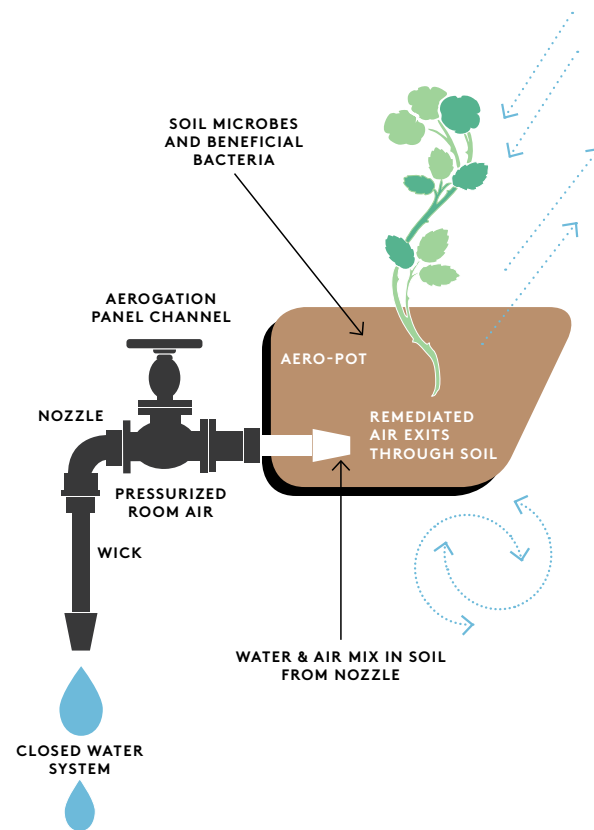
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**NATURAL GREENERY SYMBOLIZES FRESH,** new beginnings. At 1 Hotels, we bring nature inside in ways that are relaxing, renewing, and reinvigorating. Living walls are not solely a visual design element for us, but also serve a larger purpose, acting as air filtration systems for our spaces.

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## HOW IT FUNCTIONS

*the inner workings of the green wall ...*



### 01

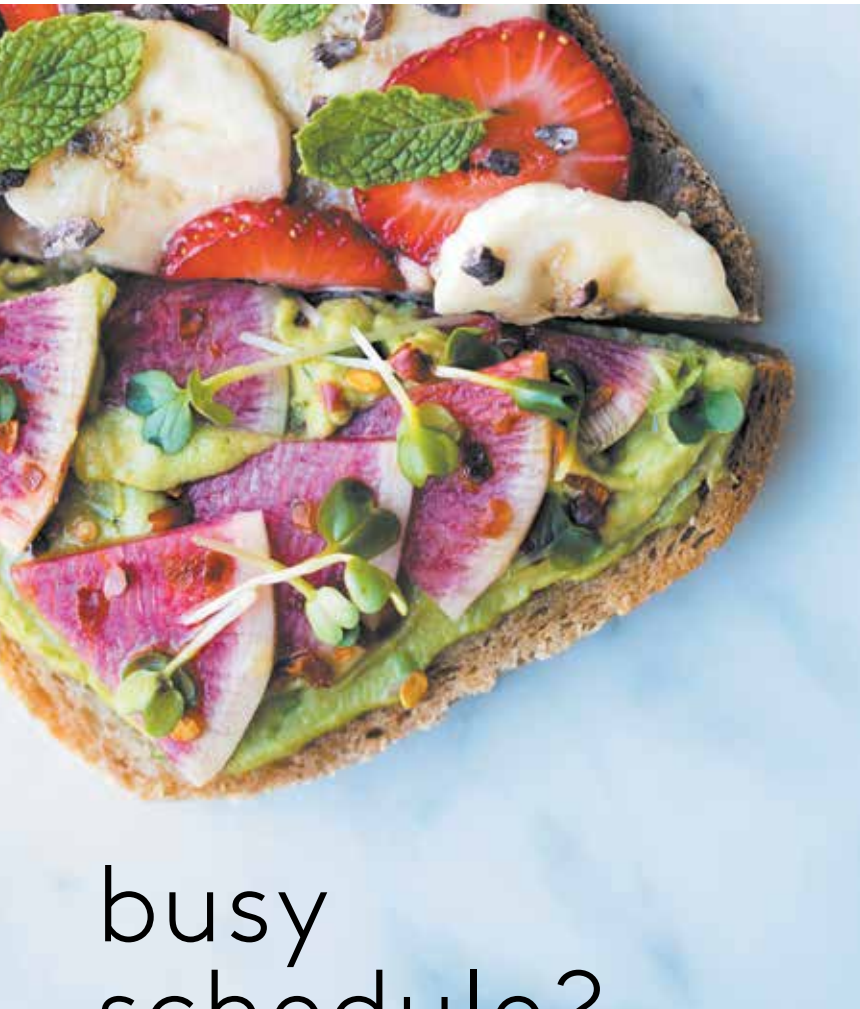
*The green wall is supported by an innovative closed water system and irrigation channel to keep it healthy and lively.*

### 02

*The wall takes in air and purifies using its natural system of growth.*

### 03

*The clean air is released back into the room after the impurities and toxins have been removed.*



busy  
schedule?

*Let us help ...*

**GOOD  
TO**

**GO**



Be nourished. Feel good. We are always looking for ways to make healthy lunches easy, so you can feel energized whether you're on-the-go with the kids or in back to back meetings.

With fresh, locally-grown ingredients, Nativ Made and Plnthouse offer wholesome, ready-made meals that are prepared daily. Nativ Made also includes a line of cold-pressed

juices to keep all your vitamins and minerals in-check while quenching your thirst.

We've listed a few of our favorite lunch menu items to help inspire your mid-day meal. If all else fails and there isn't even enough time to pick-up a grab n' go meal, our Lobby Farmstand offers fresh seasonally foraged fruits to help curb your hunger no matter where the day's adventures takes you.

**TANDOORI TURKEY BREAST SANDWICH**

field greens, raisin walnut bread, free-range/hormone-free turkey breast, sliced mozzarella cheese, tandoori, cilantro aioli

**GUAVA & CHEESE SANDWICH**

cream cheese, guava paste, queso fresco, sourdough bread

**BAHN MI WRAP**

ginger roasted eggplant, lentil pate, smoked jalapeño cream, pickled veggies, herbs, collard greens

**ZUCCHINI NOODLE BOWL**

pistachio pesto, cashew ricotta, slow roasted tomatoes (gluten-free)



RESIDENCES IN SOUTH BEACH & CABO SAN LUCAS

# AT HOME WITH NATURE

# 1

HOTEL & HOMES

[1HOMESSB.COM](http://1HOMESSB.COM)

[1HOMESCABO.COM](http://1HOMESCABO.COM)

# STEP OUTSIDE

*find your space*

Let 1 Hotels help you find your space to Step Outside your daily routine. Located just 1.25 miles from the hotel, Flamingo Park offers hotel guests a taste of being a local.

With a full-sized Olympic pool for swimming laps, 17 clay courts with group and private lessons available, as well as

the ability to reserve by the hour, basketball courts and an extensive playground for seedlings, Flamingo Park truly has anything you need for an active #daylife.

So, remember to grab your lunch from Plnthouse or Nativ Made, and go spend time exploring to clear your head.

The Concierge Team will be able to help with any additional information when you book your stay, or you can learn more by visiting [web.miamibeachfl.gov/parksandrecreation](http://web.miamibeachfl.gov/parksandrecreation).

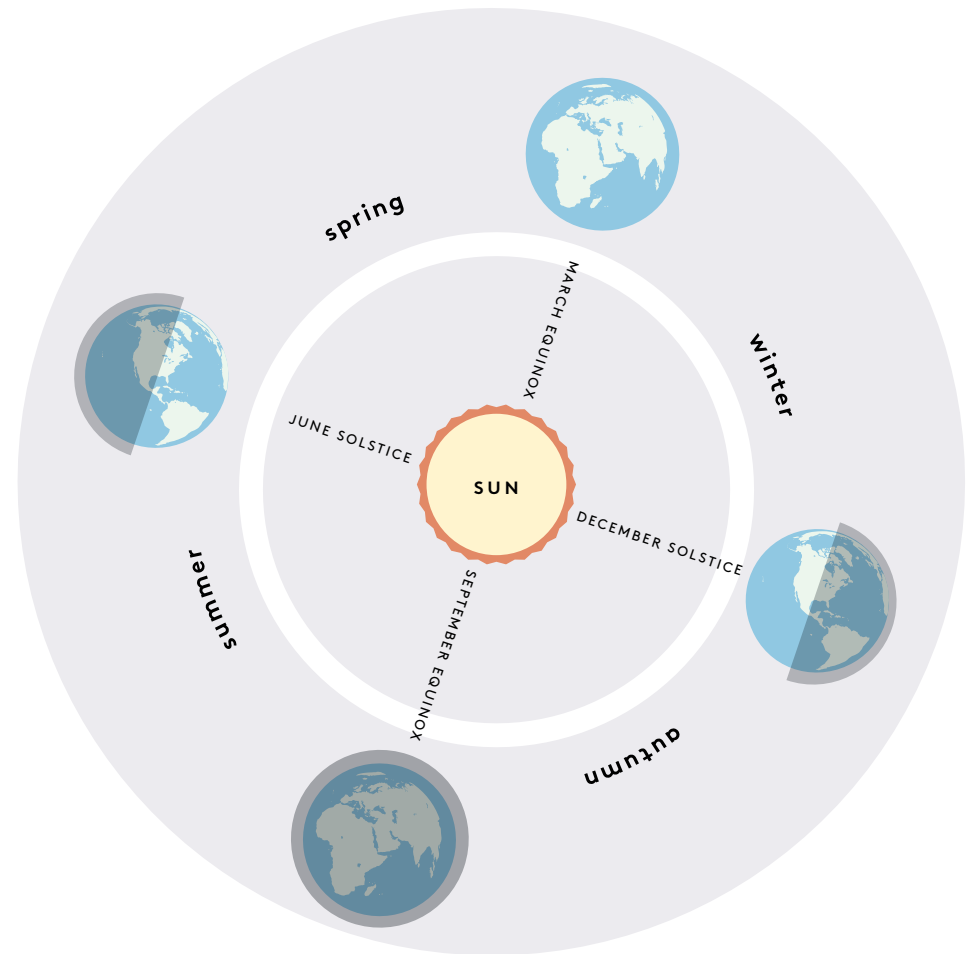


# EQUINOX

THIS YEAR'S FALL EQUINOX,  
**SEPTEMBER 22ND**  
MARKS THE FIRST DAY OF  
*autumn*

This year, 1 Hotels wants to help you celebrate the Earth's natural resources and beauty by giving back to The Nature Conservancy.

Our Fall Equinox package includes up to 35% off your stay, a donation to The Nature Conservancy on your behalf, and flexible cancellation – because like the seasons, we know plans can change.



Here are some facts to help...

## **OPPOSITE DAY**

While we're celebrating the Fall Equinox in the Northern Hemisphere, the Southern Hemisphere is enjoying the beginning of spring with their own seasonal change Equinox.

## **EQUAL TIME**

The word "equinox" is derived from the old Latin term for "equal night."

## **TIME FOR BALANCE**

On each equinox, the Earth's axis is not tilted, which means the length of day and night are almost equal.

## **REFLECT & DISCOVER**

The Fall and Spring Equinoxes are the only two days of the year when the sun shines directly on the equator.

# september 2017

## scenes & sounds

### LIVE MUSIC LOBBY LOUNGE

*Thursdays - Saturdays, 8:30pm - 11:30pm*  
Handcrafted cocktails paired with Miami's top musicians. Classic rock Thursdays with Brothers of Others and dancing Fridays with Los Clasicos de Cuba. Saturdays sing along with top musical talent Javier Garcia.

### FULL MOON CELEBRATIONS

Three days of celebrations bring awareness to oneself and the universe.

### MOONLIGHT YOGA & SOUNDBOWL

*September 5, 8:00pm - 9:30pm*  
Northeast Terrace

### FULL MOON PARTY & STAR GAZING

*September 6, 8pm, 1 Rooftop*

### FULL MOON TEA CEREMONY

*September 7, 7:30pm - 9pm, Terra*  
RSVP for tea ceremony to [teatime@1hotels.com](mailto:teatime@1hotels.com), \$30 per person.

### DARK SKY

*September 20, 8pm, Lobby*  
Every month we bring awareness to global brightening by hosting a candlelit evening in our lobby.

### FUNK SHUI

*Thursdays, 9pm, Watr at the 1 Rooftop*  
Let loose and rediscover the best funk and soul hits of the 70's, 80's, 90's and present day. Experience all that is Funk Shui, the art of gettin' down. *For ages 21+*

### HEALTHY #DAYLIFE

*Sundays, 1pm - 7pm, Watr at the 1 Rooftop*  
Cleanse your body under the sun. Dance to playful vibes and sip fresh cocktails while you dip into the healthiest pool party. *For ages 21+*

### TERRARIUM BUILDING WORKSHOP

*Saturdays, 10am, Plant the Future*  
Celebrate nature with a terrarium building workshop and build a beautiful half moon terrarium to keep, or donate to a charity of your choice. *Prices vary.*  
RSVP to [plantthefuture@1hotels.com](mailto:plantthefuture@1hotels.com)

### SWIMINDUSTRY NIGHT SWIM

*Tuesdays, 8pm, Watr at the 1 Rooftop*  
Tuesday nights, the Rooftop is open for a night swim with eclectic tunes, bottle specials and more. *For ages 21+*

### M3: MIND. MOVEMENT. MUSIC

*September 13, 6:30pm - 8:30pm*  
Plnthouse Terrace  
Immerse yourself with an hour-long wellness class followed by a mindful message by renowned Plntbased chef and founder of Plnthouse, Matthew Kenney. with a bites and beverage social with live beats by Elliot James.  
RSVP to [m3@1hotels.com](mailto:m3@1hotels.com)

## taste

*MIAMI SPICE MONTH — special menus available*

### BEACHCRAFT

*Sundays - Thursdays, 7am - 10:30pm*  
*Fridays - Saturdays, 7am - 11:30pm*  
A farm to table experience with signature offerings by Tom Colicchio. *(Reservations recommended.)*

### LOBBY FARM STAND

*Daily, 7am - 6pm*  
The farmers market comes to you! Find bushels of just picked seasonal fresh fruits, all from local farms.

### PLNTHOUSE

*Daily, 8 am - 6pm,*  
*Happy Hour, 4pm - 6pm*  
Feel good, eat good, be in good company. Plant-based smoothies and plates by Matthew Kenney.

### THE SANDBOX

*Daily, 7am - 7pm*  
Cantina style bites and seasonal fare with an ocean backdrop.

### NATIV MADE AT THE LOBBY CAFÉ

*Daily, 7am - 7pm*  
Food, fresh pressed juices and coffee made with local ingredients.

### WATR AT 1 ROOFTOP

*Daily, 11am - 10pm*  
Polynesian inspired cuisine and cocktails with unparalleled views. *For ages 21+*

### TOM ON COLLINS

*Daily, 3pm - late night,*  
*Happy Hour, 6pm - 7:30pm*  
Farm-to-bar selection of local beer, wine on tap and seasonal cocktails, with a menu of small plates. *Half off oysters for happy hour.*

### THE GREEN TABLE

*September 14, 7:30pm - 10pm, Plnthouse*  
Local renowned chef Cesar Zapata joins Matthew Kenney for an incredible plant-based six-course tasting menu. Wine pairing available. *See the concierge for reservations.*

## mind & movement

### SPARTAN CLASSES, TRAINING, YOGA, BARRE & GYM

*Daily, Class times vary, Spartan Gym*  
Class RSVP: [spartangym@1hotels.com](mailto:spartangym@1hotels.com)

### BAMFORD HAYBARN SPA

*Daily, 8:30am-7pm*  
Nurture mind, body, and spirit Miami Spa specials offered all month

### M3: MIND. MOVEMENT. MUSIC

*September 13, 6:30pm - 8:30pm*  
Plnthouse Terrace  
RSVP to [m3@1hotels.com](mailto:m3@1hotels.com)

*For full schedule visit:*  
[1hotels.com/south-beach/discover](http://1hotels.com/south-beach/discover)

## services

### 1 GUIDE

A device to guide your stay. Your 1 Guide is a phone and remote, as well as the way you order in-room dining, make service requests or even order your vehicle from valet.

### TESLA SERVICE

*Daily, 9am - 9pm*  
A beautiful ride with minimal impact. Tesla electric cars are complimentary for guests traveling within a 3 mile radius of the hotel.

### 1 HOMES SALES GALLERY

*Mondays - Fridays, 10am - 6pm*  
*Saturdays - Sundays, 12pm - 5pm*  
Make 1 Hotel & Homes your home. Stop by the Sales Gallery to learn more about life at 1.

### SEEDLINGS

*Daily, half & full days available*  
Activities and adventures focused on bringing the children closer to nature while educating them on the world we live in.

PIERHOUSE  
BROOKLYN BRIDGE PARK

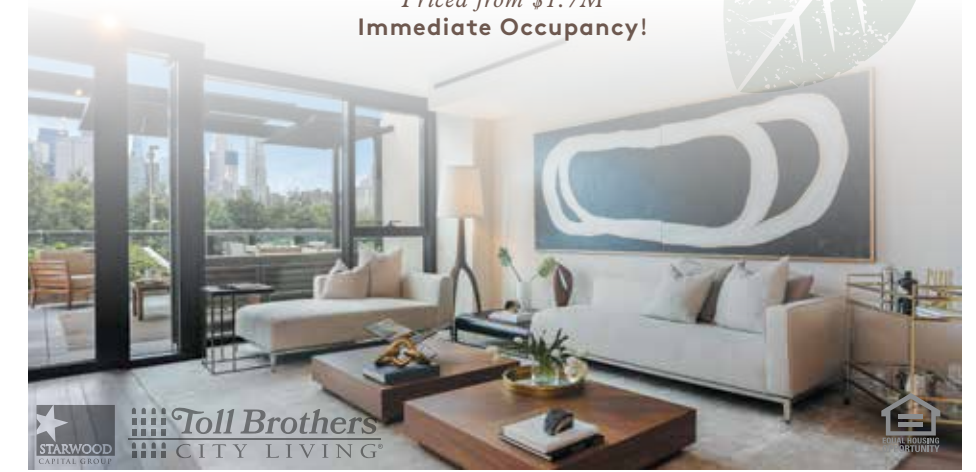
PierhouseNY.com | 718.246.4205

## Brooklyn's Most Coveted Address

Townhome-Style Condominiums in Brooklyn Bridge Park

*Priced from \$1.7M*

**Immediate Occupancy!**



Schedule Your Personal Tour of our Model Residences Today

*Sales Gallery: 90 Furman Street, Brooklyn, NY 11201*

*The complete terms are in an offering plan available from the sponsor. File No. CD15-0113.*

## EVERGLADES NATIONAL PARK

AS PART OF OUR COMMITMENT TO THE PRESERVATION OF LOCAL GREEN SPACES  
1 HOTELS IS DONATING TO THE NATURE CONSERVANCY, ONE OF THE OLDEST  
AND MOST TRUSTED NON-PROFITS IN THE WORLD. PACK A LUNCH AND EXPLORE  
THE TRAILS AND NATURAL BEAUTY OF THESE PRESERVED WETLANDS.

## BLOWING ROCKS PRESERVE



# day — trip

**EVERGLADES NATIONAL PARK** is the largest tropical wilderness in the United States, this National Park protects the southern 20 percent of the Everglades. Where most national parks preserve unique geographic features; Everglades National Park was the first created to protect a fragile ecosystem. It is home to a range of threatened or protected species, including the Florida panther, the American crocodile, and West Indian manatee.

**BLOWING ROCKS PRESERVE**, located in West Palm Beach, is a barrier island protected for its natural beauty and distinctive Anastasia limestone formations. The Preserve is named for the impressive plumes of saltwater that can soar 50 feet into the sky. The space is also a sanctuary for rare wildlife, including the leather-back sea turtles, who dig their nests here each year.

Visit [www.nature.org/about-us/visit-preserve-map](http://www.nature.org/about-us/visit-preserve-map) for additional information.

#EXPLORE1HOTELS

#NATIONALYOGAMONTH



Nature is beautiful, and we want to keep it that way. This newspaper was printed with vegetable-based, biodegradable inks on paper made from locally-sourced trees, in a plant powered by renewable wind energy. It was also made 100% carbon neutral by planting trees in Honduras to offset the emissions caused by printing and transport. Please do your part, recycle this paper when you're through.