

EXLUSIVE

OFFERS

Golden Glow Ritual
90 minutes | $310 | All Spring
A collaboration between Bamford Wellness Spa and KNESKO, this ultra-luxurious, gold-infused full-body massage ritual is designed to melt away stress and leave skin beautifully soft, smooth, and radiant.

With each movement, the body is layered with KNESKO Gold Repair Body Serum, rich in nourishing ingredients to hydrate and soften the skin, before being layered with the luxurious Gold Repair Body Cream for a deeply moisturised, cashmere-soft finish. Once turned onto the back, a gentle cleanse prepares the complexion for KNESKO's Gold Repair Face Mask, allowing its golden, peptide-rich formula to envelop the skin while the massage continues.

A sensorial journey of touch, nourishment, and golden radiance, leaving the body deeply relaxed and the skin luminous from head to toe.

Bamford Spring Ritual
90 minutes | $290 | All Spring
Welcome the new season with a deeply restorative ritual designed to renew body, mind, and skin. Begin with a soothing foot cleanse and refreshing foot spray with 'Salt Lab' Magnesium Oil, creating a moment to ground and prepare the body for relaxation.

Continue with your choice of a 60-minute De-Stress or Deep Tissue Massage, intuitively tailored to ease tension, restore movement, and encourage a deep sense of calm. Complete your ritual with a 30-minute Bamford Bespoke Facial, blending natural and organic botanicals with expert touch to refresh and illuminate the complexion.

A moment to release, replenish and reconnect, our Bamford Spring Ritual will leave you feeling beautifully balanced and radiant for spring.

Terms & Conditions apply

Bamford Hour
60 minutes | $200 | Mon – Thurs Only

Meet your moment of calm with our weekday Bamford Hour. This perfectly tailored 60-minute escape is designed to restore body and mind without taking up your whole day. Choose between two deeply effective massage experiences, each crafted to melt tension and revive your energy.

Unwind with the Bamford De-Stress Massage, a soothing head-to-toe treatment blending Swedish and relaxation techniques to calm the nervous system and rebalance body and mind. Alternatively, choose a Deep Tissue Massage. A more intensive, therapeutic experience using rosemary oil to release chronic tension, improve mobility, and leave you feeling powerfully renewed.

Whether you're seeking therapeutic relaxation or targeted relief, this hour is yours to reset, recharge, and re-emerge feeling your best.

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