



IN-ROOM
WELLNESS

Bring the restorative experience of Bamford Wellness Spa into the comfort and privacy of your room or suite.

Thoughtfully curated to support relaxation, recovery and restorative sleep, our in-room wellness collection features leading wellness technology, luxurious self-care essentials and premium wellbeing products.

Whether you're unwinding after a day of travel, preparing for a restful night's sleep or simply taking time to recharge, each offering is designed to help you feel your best throughout your stay.

WELLNESS KIT:

HigherDOSE Infrared PEMF Mat | \$70

Pulsed Electromagnetic Field. Negative IONS. Infrared heat.

Normatec Compression Boots | \$70

Lymphatic flow. Lower body fatigue. Enhance circulation.

Helsi Red Light | \$70

LED Red and NIR infrared light panel. Cell rejuvenation.

Therabody Sleep Goggles | \$50

Forehead, temple, eye massage. Sleep enhancing.

Hyperice Percussion Massage Device | \$50

Self-massage. Release muscle tension.

Oodie Weighted Blanket | \$30

Sleep support. Promotes relaxation.

WELLNESS COLLECTIONS:

Rest & Recover | \$150

Perfect post-travel or after a long day. This full-body ritual supports active recovery, eases muscular fatigue, and brings the body back into balance. Includes:

- Normatec Compression Boots
- HigherDOSE Infrared PEMF Mat
- Hyperice Percussion Massage Device
- Therabody Sleep Goggles
- IMBIBE Recover Rest Sachet

Sleep & Soothe | \$120

A deeply restorative turn-down ritual designed to quiet the mind, regulate the nervous system, and support deep sleep. Includes:

- HigherDOSE Infrared PEMF Mat
- Therabody Sleep Goggles
- Weighted Blanket
- Bamford Night-Time Pillow Mist
- IMBIBE Calm / Sleep Sachet

Glow & Renew | \$120

Perfect for restoring glow after travel or a busy day. This skin-loving ritual hydrates, rejuvenates, and nourishes your skin to promote a radiant complexion. Includes:

- Helsi Red Light Therapy
- Knesko Collagen Face Mask
- Knesko Collagen Neck Mask
- IMBIBE Beauty Renewal Mini (100ml)
- IMBIBE Miracle Collagen Sachet

IMBIBE

An Australian beauty and wellness brand that develops clinically backed supplements and skincare designed to support skin health from the inside out. With a focus on clean, science-led formulations, IMBIBE combines high-performance ingredients with a holistic approach to beauty and wellbeing.

Calm / Sleep (7 sachets) | \$26

Magnesium Super Powder: Blends two bioavailable forms of Magnesium with L-Theanine and Passionflower. Sip, unwind and let the day melt away.

Rest Recover (7 sachets) | \$30

5-in-1 Chocolate Magnesium Complex: Delivers 100% daily magnesium plus glycine, tryptophan, and EFAs. Melt into a chocolate magnesium cloud.

Miracle Collagen (7 sachets) | \$26

Hydrolysed Bioactive Peptide: Clinically proven collagen peptides that reduce wrinkles, boost elasticity, and support stronger hair, skin, and nails.

Beauty Renewal (100ml) | \$25

Probiotic Concentrate: Formulated with eight multi-strain probiotics and antioxidant-rich superfruits. Radiant skin begins within.

KNESKO SKIN

A luxury skincare brand that blends advanced skincare science with holistic wellness. Known for its signature collagen masks and GEMCLINICAL® technology, which combines clinically proven ingredients with ethically sourced gemstones. KNESKO focuses on clean, high-performance formulations that transform everyday skincare into a restorative self-care ritual.

Collagen Face Mask

Gold Repair & Diamond Radiance | **\$63**

Rose Quartz Antioxidant, Green Jade Calm | **\$58**
Amethyst Hydrate

Collagen Eye Mask

Gold Repair & Diamond Radiance | **\$24**

Rose Quartz Antioxidant, Green Jade Calm | **\$22**
Amethyst Hydrate

Collagen Lip Mask

Gold Repair | **\$27**

Collagen Neck & Decollete Mask

Gold Repair | **\$65**

Unsure which KNESKO mask is best suited to your skin? Our Spa Reception team is available to provide personalised guidance. Simply dial Extension 1200 from your room, and we will be delighted to assist you.

Loco Love

Handcrafted in Bryon Bay using organic, ethically sourced cacao, superfoods, probiotics and botanical ingredients, LOCO LOVE creates artisanal chocolates that nourish both body and soul. Blending exceptional flavour with mindful indulgence, each creation is designed to elevate everyday moments of wellness.

All flavours are presented as a twin pack, featuring two individually wrapped chocolates to savour or share.

Hazelnut Praline | \$14.50

Spiked with Peruvian Maca Root.

Butter Caramel Pecan | \$14.50

Spiked with house-made cinnamon.

Peanut Butter Caramel | \$14.50

Spiked with Tremella medicinal mushroom.

Almond Caramel Crunch | \$14.50

Spiked with Astragalus Root.

Classis Chewy Caramel | \$14.50

Spiked with vanilla and plant-based collagen.

Maple Macadamia Caramel | \$14.50

Spiked with biodynamic Tasmanian sea salt.

Pistachio Mylk Praline | \$15.50

Spiked with Tremella medicinal mushroom.

Strawberry Vanilla Burst | \$14.50

Spiked with antioxidant-rich hibiscus flower.

Double Chocolate Truffle | \$14.50

Spiked with Peruvian cacao nibs and extra virgin olive oil.

Salt Lab

A luxury wellness brand creating premium topical magnesium-infused products that restore balance, encourage deep relaxation and elevate everyday wellbeing. Combining pure, high-grade magnesium with clean, Australian-made formulations, Salt Lab delivers spa-inspired essentials designed to soothe the body, calm the mind and support restorative sleep and recovery.

Magnesium Oil Spray (100ml) | \$28

Sourced from the Tibetan Plateau. Vegan, natural, non-toxic.

Magnesium Muscle Repair Cream (100ml) | \$35

Sooth aches and pains, ease tension and tightness.

Terms & Conditions

In-Room Wellness experiences are available to book during Bamford Wellness Spa operating hours:

Friday – Tuesday: 10.00am – 6.00pm

Wednesday – Thursday: 10.00am – 8.00pm

Your wellness kit is provided for your exclusive use for up to 24 hours from the time of delivery. Collection will be arranged approximately 24 hours after your booking, allowing you to make the most of your in-room wellness experience.