TASTE

SIP & SAVOR THE SEASON

Advanced reservations required

DEC 23, BREAKFAST WITH SANTA
1 Kitchen, 8am-9:30am

DEC 24, CHRISTMAS EVE DINNER
1 Kitchen, 5pm-9pm | Bar, 5pm-10pm
Welina Terrace, Bites | 4pm-9pm | Bar, 4pm - 10pm
The Sandbox, 5pm-8pm

DEC 25, CHRISTMAS DAY
1 Kitchen
Breakfast | 6:30am-10am
Lunch | 11am-12:30pm
Brunch buffet | 12:30pm-8pm

Welina Terrace | Bites 4pm - 9pm | Bar 3pm - 10pm
The Sandbox | 5pm - 8pm

DEC 31, ALOHA 2027
1 Kitchen
Breakfast | 6:30am-11am
Lunch | 11:30am-2:30pm
Hybrid Buffet | 5pm - 10pm

Welina Terrace
Bar 5pm-1am (last call at bar 12:30am)
Tables available for purchase 6-9pm

Sandbox | 5pm-8pm

JAN 1, NEW YEAR'S DAY
1 Kitchen
Breakfast | 6:30am-10:30am
Brunch | 12pm-3pm
Dinner | 5:30pm-9pm

RESTAURANTS & BARS

**holiday exceptions may apply*

1 KITCHEN*
Breakfast | 6:30am-10:30am
Lunch | 11:30am-3pm
Dinner | 5:30pm-9pm
Bar | 10:30am-10pm
Sunday Brunch | 12pm-3pm

SUNRISE NOURISHMENT BAR
Bar | 6:30am-11am

WELINA TERRACE
Bar | 4pm-10pm
Bites | 4pm-9pm
Live Music | 6pm-9pm

THE SANDBOX*
Daily
Bar | 10am-8pm
All Day Dining | 11am-8pm

12/24 - 12/25, 12/31
Live Music | 5pm-8pm

NEIGHBORS CAFE
Daily | 5:30am-3pm

WAI'OLI TREATS
Bar | 10am-5pm

TRUNK SHOWS

Embrace the spirit of giving and discover a curated selection of local Hawai'i-based vendors at our exclusive pop-ups and trunk shows, featuring unique gifts.

Lobby, Daily 9am-2pm

SUNDAY CHRISTMAS MARKET

Shop mindfully through crafted gift guides, perfect for everyone on your list

December 20:
Kai Essence
Rash Collection
Naia Love Swimwear
Aloha Pearls
Patrice Pendarvis

December 27th
White Sand
Anthony Woodworks
Tiare Hanalei
Uncle Beau

WELLNESS

BAMFORD WELLNESS SPA
Daily, 9am-6pm

VITALITY KAUA'I MED SPA
Monday-Saturday, 9am-5pm

ANATOMY GYM
Daily, 24 hours

SPA HOLIDAY SPECIALS

B SILENT NIGHT COUPLES EXPERIENCE
80 minutes
The ultimate deep relaxation gift to experience together, consisting of a footbath, back massage, assisted stretches, Shiatsu techniques, and temple balm to enhance sleep and relieve stress. Includes 25-minute Somadome experience.
**Available by Reservation. To book, visit Bamford Spa or call 808.977.1230*

HOLIDAY HARMONY HONEY FACIAL
80 minutes
Revitalize your skin with tulsi, honey, and kukui nut oil, smoothing fine lines, reducing inflammation, and leaving a radiant, deeply hydrated glow. Includes a 25-minute Somadome experience.
**Available by Reservation. To book, visit Bamford Spa or call 808.977.1230*

VITALITY KAUA'I
JET LAG RESET
Arrive, unwind, and feel like yourself again. Our Jet Lag Recovery IV is personalized by Vitality Kaua'i's physician-led team with fluids, electrolytes, and vitamins designed to help you rehydrate and restore your energy after a long flight.
**Available by Reservation, Mon - Sat, 9am-5pm*
To learn more and to book, visit Vitality Kaua'i or call 808.975.6975

AUDI EXCURSIONS

Drive Sustainably forward with the official vehicle of 1 Hotels

TEST DRIVE
During your stay, explore the natural beauty of Kaua'i with a four-hour test drive in a fully electric Audi e-tron.
By Appointment, Reserve with Concierge

EXCURSIONS
Common Ground Kilauea
Anaina Hou Community Park
Limahuli National Tropical Botanical Gardens
Lydgate Farms Chocolate Tour
By Appointment, Reserve with Concierge

HOUSE CAR
The house Audi e-tron is available on a first-come, first-served basis from the hotel entrance for drop-off service in the Princeville area.
Tuesday-Saturday, 9am-5pm

MĀLAMA • GIVE BACK

Give back to the community through passion and purpose

WAIPA FOUNDATION
FOOD & FARM TOURS $
Tues, Weds & Thurs
In-depth experience of the Hawaiian cultural relationship between people, food, and ʻāina (natural resources).
Learn more waipafoundation.org/food-and-farm-tours

HAWAI'I LAND TRUST
COASTAL RESTORATION PROJECT
First Sunday of the month or by appointment, Kahili Preserve.
Learn more hilt.org/volunteer

SURFRIDER KAUA'I
NET PATROL AND BEACH CLEANUPS
Days and locations vary. Learn more kauai.surfrider.org/events
For details call 808.635.2593

FIELD TRIP FOR SHELTER DOGS
By Reservation
Share the love with pups who need it most. Visit kauaihumane.org/service/field-trips to reserve your date.

WE CARE KAUA'I
Select from wildlife protection programs, coastal cleanups, trail and fishpond restorations, and taro patch remediation. Learn more via WeCareKauai.org

MARINE DEBRIS CLEAN-UP
Leave things better than you found them as you explore Kaua'i's beautiful beaches. Ocean bags for marine debris pickup available at Porte Cochère.

To reserve excursions and activities, visit concierge or call 808.826.9644

HUAKA'I ADVENTURES

OCEAN EXPERIENCES
STAND UP PADDLE BOARDS
BODYBOARDS
SNORKELING
RIVER KAYAKING
OUTRIGGER CANOE TOURS

Visit Beach Activities Hale, Pu'u Poa Beach
**Excursions and rentals are weather and surf permitting*

CRUISER & E BIKES
Daily, by Reservation
Valet Desk, Porte Cochère
**Book online*

GOLF & TENNIS CLUB

DRIVING RANGE $
Princeville Makai Golf Course
Daily, 7am-4pm

9 or 18 HOLES AT
PRINCEVILLE MAKAI $
Daily tee times 8:05am-3:25pm

SUNSET TOUR $
Monday-Friday
Sunset time varies

PICKLEBALL
Drop-ins Mon, Wed, Fri 9am (beginners only), 3pm (all levels); Tue & Thurs, 3pm (all levels) or courts available by reservation

TENNIS
Daily, 8am-4pm
Courts available by reservation

SEASON OF GOOD

December 20, 2026 - January 3, 2027

1 HOTEL
hanalei bay

HOLIDAY

HAPPENINGS

SATURDAY

SUNRISE MOVEMENT
Mindful full-body mobility.
Meet at Anatomy, 6:55am–7:50am

1 CORE
Build core strength and power through dynamic strength and cardio.
'Ulu, 9am–9:50am

TRUNK SHOW
Ocean-conscious local artisans.
Lobby, 9am–1pm

MAT PILATES
Focused on control and flow.
'Ulu, 10am–10:50am

1 BOX
Boxing fundamentals and bag training.
Anatomy, 11am–11:50am

SLOW FLOW YOGA
A mindful practice for deeper stretches and relaxation.
'Ulu, 12pm–12:50pm

REFORMER COLLECTIVE
Personalized Pilates reformer session.
Fitness Hale, 1pm–1:50pm

HOLIDAY OXYGEN COLLECTIVE
Restore & recharge with shared hyperbaric oxygen therapy.
Bamford Spa, 1pm-1:45pm

SAVOR THE SEASON: RUM & CACAO
Explore three thoughtfully curated pairings of island rum and cacao.
Welina Terrace, 2pm- 3pm
**Available 12/26*

HOLIDAY HUES: FACE PAINTING
Celebrate the season with festive face painting and a touch of holiday magic.
Waioli, 2pm-3:30pm

GLUTE CAMP
Lower-body strength and definition.
Anatomy, 3pm–3:50pm

STRESS MANAGEMENT MEDITATION
Guided meditation for calm and focus.
'Ulu, 3pm–3:50pm

1 RESET
Binaural weightless meditation.
'Ulu, 4:30pm–5:20pm

FIRE RITUAL
Mesmerizing fireknife performance.
The Sandbox, 6pm

SUNDAY

SUNRISE MOVEMENT
Mindful full-body mobility.
Meet at Anatomy, 6:55am–7:50am

KŪPONO E-BIKE TOUR
Kaua'i trails, wildlife and living stories.
Porte Cochère, 8am–10am

VINYASA FLOW
Dynamic breath-to-movement flow.
'Ulu, 9am–9:50am

'OHANA LEI MAKING
Discover the art of ti-leaf lei making.
Kaulu Hale, 9am–10am

ARTISAN MARKET
Featuring local makers and artisans.
Lobby, 9am–1pm

RADIANCE & RENEWAL
Nourish the senses through mindful movement, collagen care, and a refreshing wellness elixir.
**Available 12/27 & 1/3*

1 BOX
Boxing fundamentals and bag training.
Anatomy, 11am–11:50am

LAU HALA BRACELET WEAVING
Traditional weaving of Pandanus leaves into wearable art.
Kaulu Hale, 10:30–11:30am

GYM JUMPSTART
Beginner full-body strength circuit.
Anatomy, 12pm–12:50pm

HOLIDAY OXYGEN COLLECTIVE
Restore & recharge with shared hyperbaric oxygen therapy.
Bamford Spa, 1pm-1:45pm

1 BALANCE
Stability, mobility, proprioception.
'Ulu, 1pm–1:50pm

KEIKI BUBBLE HOUR
Bubbles and games for keiki.
The Sandbox Lawn, 2pm–3pm

METABOLIC MELTDOWN
Plyometric training for max burn.
Anatomy, 3pm–3:50pm

1 STRETCH
Mobility and body awareness.
'Ulu, 4:30pm–5:20pm

FIRE RITUAL
Mesmerizing fireknife performance.
The Sandbox, 6pm

MONDAY

SUNRISE MOVEMENT
Mindful full-body mobility.
Meet at Anatomy, 6:55am–7:50am

CORAL REEF TALK
Caring for our reef and sea life.
Beach Activities Hale, 8:30am–9am

GUIDED HIKE BEGINNER
Follow the footsteps of a local expert.
Porte Cochère, 8:45am–12pm
**Guests responsible for own transportation*

SOUL SWEAT
Therapeutic yoga for deep relaxation.
'Ulu, 9am–9:50am

HULA, HAWAIIAN DANCE
Embody the island's cultural dance.
Kaulu Hale, 9am–10am

REFORMER COLLECTIVE
Personalized Pilates reformer session.
Fitness Hale, 10am–10:50am

'UKULELE MOMENTS
Strum, play and embrace Hawaiian melodies.
Kaulu Hale, 10:30am–11:30am

SLOW FLOW YOGA
A mindful practice for deeper stretches and relaxation.
'Ulu, 11am–11:50am

HOLIDAY OXYGEN COLLECTIVE
Restore & recharge with shared hyperbaric oxygen therapy.
Bamford Spa, 1pm-1:45pm

'OHANA MOVES
A playful movement experience for families to move, explore, and have fun together.
'Ulu, 1pm–1:50pm

GLUTE CAMP
Lower-body strength and definition.
Anatomy, 3pm–3:50pm

STRESS MANAGEMENT MEDITATION
Guided meditation for calm and focus.
'Ulu, 3pm–3:50pm

MYOFASCIAL RELEASE
Relax muscles and boost circulation.
'Ulu, 4:30pm–5:20pm

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TUESDAY

SUNRISE MOVEMENT
Mindful full-body mobility.
Meet at Anatomy, 6:55am–7:50am

KŪPONO E-BIKE TOUR
Kaua'i trails, wildlife and living stories.
Porte Cochère, 8am–10am

YOGA SCULPT
High-intensity yoga and strength.
'Ulu, 9am–9:50am

REFORMER COLLECTIVE
Personalized Pilates reformer session.
Fitness Hale, 10am–10:50am

NATURE WALKING MEDITATION
Reset and reflect.
Meet at Anatomy, 11am–11:50am

MAT PILATES
Focused on control and flow.
'Ulu, 12pm–12:50pm

HOLIDAY OXYGEN COLLECTIVE
Restore & recharge with shared hyperbaric oxygen therapy.
Bamford Spa, 1pm-1:45pm

GYM JUMPSTART
Beginner full-body strength circuit.
Anatomy, 1pm–1:50pm

MERRY LITTLE MOMENTS
Little hands, big imaginations, and holiday magic at Seedlings.
Seedlings Basecamp, 1pm–2pm

STRESS MANAGEMENT MEDITATION
Guided meditation for calm and focus.
'Ulu, 1:30pm–2:20pm

THE TIMELESS MAI TAI
Tropical cocktail secrets.
Welina Terrace, 1:30pm–2:20pm, Age 21+

HYBRIDX
Strength and endurance training for overall athleticism.
'Ulu, 3pm–3:50pm

LEI MAKING
Create your own traditional lei.
Kaulu Hale, 3pm–3:50pm

1 STRETCH
Mobility and body awareness.
'Ulu, 4:30pm–5:20pm

WEDNESDAY

SUNRISE MOVEMENT
Mindful full-body mobility.
Meet at Anatomy, 6:55am–7:50am

CORAL REEF TALK
Caring for our reef and sea life.
Beach Activities Hale, 8:30am–9am

GUIDED HIKE BEGINNER
Follow the footsteps of a local expert.
Porte Cochère, 8:45am–12pm
**Guests responsible for own transportation*

1 BEACH
Cardio and strength training.
Meet at Anatomy, 9am–9:50am
**Beachside weather permitting*

TRUNK SHOW
Ocean-conscious local artisans.
Lobby, 9am–1pm

THE ART OF LĀ'AU LAPA'AU
Discover the traditions of Hawaiian herbalism through a guided plant walk and hands-on herbal oil-making experience, connecting with native plants, ancestral knowledge, and the 'āina.
Meet at Kaulu Hale, 9:30am-11am

YOGA SCULPT
High-intensity yoga and strength.
'Ulu, 10am–10:50am

TALK STORY WITH BILL HAMILTON
Surf stories with a legendary surfer.
Neighbors, 10am–11am
**Available 12/23*

METABOLIC MELTDOWN
Plyometric training for max burn.
Anatomy, 11am–11:50am

HOLIDAY OXYGEN COLLECTIVE
Restore & recharge with shared hyperbaric oxygen therapy.
Bamford Spa, 1pm-1:45pm

KEIKI BUBBLE HOUR
Bubbles and games for keiki.
The Sandbox Lawn, 2pm–3pm

1 TRAINING CAMP
Unlock power, speed, and agility.
Anatomy, 3pm–3:50pm

MYOFASCIAL RELEASE
Relax muscles and boost circulation.
'Ulu, 4:30pm–5:20pm

MERRY LITTLE MARKET
An evening of curated finds & inspired elixirs.
Bamford Spa, 6:30pm–8:30pm
**Available 12/23*

THURSDAY

SUNRISE MOVEMENT
Mindful full-body mobility.
Meet at Anatomy, 6:55am–7:50am

KŪPONO E-BIKE TOUR
Kaua'i trails, wildlife and living stories.
Porte Cochère, 8am–10am

A HUI HOU RITUAL
Release what no longer serves you and set intentions for the year ahead.
Meet at Anatomy, 8:30am-9:20am
**Beachside weather permitting*
**Available 12/31*

FESTIVE FREQUENCY SOUND BATH
Find stillness through the healing tones of crystal bowls and guided meditation.
'Ulu, 8:30am-9:20am
**Available 12/24 & 12/31*

1 BEACH
Cardio and strength training.
Meet at Anatomy, 9am-9:50am
**Beachside weather permitting*

TRUNK SHOW
Ocean-conscious local artisans.
Lobby, 9am–1pm

MAT PILATES
Focused on control and flow.
'Ulu, 10am–10:50am

LAVA MALA: A NEW YEAR RITUAL
Create your own essential oil-infused lava mala and set an intention for the year ahead.
Kaulu Hale, 11am-11:50am
**Available 12/24 & 12/31*

GYM JUMPSTART
Beginner full-body strength circuit.
Anatomy, 11am–11:50am

HOLIDAY OXYGEN COLLECTIVE
Restore & recharge with shared hyperbaric oxygen therapy.
Bamford Spa, 1pm-1:45pm

HOLIDAY HUES: FACE PAINTING
Celebrate the season with festive face painting and a touch of holiday magic.
Waioli, 2pm-3:30pm

MYOFASCIAL RELEASE
Relax muscles and boost circulation.
'Ulu, 3pm–3:50pm

PAINT AND SIP
Watercolor and wine workshop.
Kaulu Hale, 4pm–6pm

1 RESET
Binaural weightless meditation.
'Ulu, 4:30pm–5:20pm

KEIKI EVENING CAMP
A cozy indoor film experience for kids.
Seedlings Basecamp, 5pm–8pm
**Ages 5–12*

FRIDAY

SUNRISE MOVEMENT
Mindful full-body mobility.
Meet at Anatomy, 6:55am–7:50am

CORAL REEF TALK
Caring for our reef and sea life.
Beach Activities Hale, 8:30am–9am

GUIDED HIKE BEGINNER
Follow the footsteps of a local expert.
Porte Cochère, 8:45am–12pm
**Guests responsible for own transportation*

VINYASA FLOW
A flowing yoga practice linking breath with movement.
'Ulu, 9am–9:50am

TRUNK SHOW
Ocean-conscious local artisans.
Lobby, 9am–1pm

KETTLEBELL FLOW
Full-body HIIT workout.
Anatomy, 10am–10:50am

REFORMER CIRCUIT
Fast-paced training for cardio and endurance.
Fitness Hale, 11am–11:50am

GLUTE CAMP
Lower-body strength and definition.
Anatomy, 12pm–12:50pm

HOLIDAY OXYGEN COLLECTIVE
Restore & recharge with shared hyperbaric oxygen therapy.
Bamford Spa, 1pm-1:45pm

MERRY LITTLE MOMENTS
Little hands, big imaginations, and holiday magic at Seedlings.
Seedlings Basecamp, 1pm–2pm

HOLIDAY HUES: FACE PAINTING
Celebrate the season with festive face painting and a touch of holiday magic.
Waioli, 2pm-3:30pm

1 STRETCH
Mobility and body awareness.
'Ulu, 3pm–3:50pm

REFORMER COLLECTIVE
Personalized Pilates reformer session.
Fitness Hale, 3pm–3:50pm

'OHANA MOVES
A playful movement experience for families to move, explore, and have fun together.
'Ulu, 4:30pm–5:20pm

FIRE RITUAL
Mesmerizing fireknife performance.
The Sandbox, 6pm

SEEDLINGS

ALOHA CAMP

Full day, 9am–3pm
Half day: 9am–12pm, 12pm–3pm

Keiki Evening Camp
Monday & Thursday, 5pm–8pm

Immerse your keiki in a fostering environment as we guide your little ones through a journey of pure joy. Offering a dynamic blend of playful experiences, the camp is a hub of imagination and discovery, creating an environment where kids can simply be kids.

RESERVATIONS REQUIRED FOR AGES 5-12

ALL AGES: Designed with families in mind, all ages welcome unless otherwise noted. Children must be accompanied by a parent/guardian.

TEEN-FRIENDLY: Age 13+

ADDITIONAL FEE AND NO-SHOW FEE APPLIES: A full no-show fee per person applies if not canceled at least 24 hours before the start of the event.

NO RESERVATIONS REQUIRED

FESTIVE FUN

BY DAY
CINEMA & GAME ROOM
Gather around for classic holiday movie screenings or a friendly competition with board games. Enjoy snacks and seasonal sips as you settle in and make the most of those rainy days.
Kolea, 8th Floor Daily, 6pm

BY NIGHT
S'MORES UNDER THE STARS
The Sandbox, Nightly, 7:30pm-8:30pm

FIRE RITUAL
The Sandbox, Fri, Sat, Sun, 6pm

FOR THE YOUNG & YOUNG AT HEART

HOLIDAY HUES: FACE PAINTING
Sandbox Lawn, 2pm–3:30pm
Thursday-Saturday

FESTIVE COOKIE DECORATING
Kolea, 8th floor, 2pm-4pm
**Available December 21, 28*

ORNAMENT DECORATING
Kolea, 8th floor, 10:30am-12:30pm, Ages 8+
**Available December 24, 30*

BREAKFAST WITH SANTA CLAUS
1 Kitchen 8am-9:30am
**Available December 23*

RESERVATIONS REQUIRED

PLEASE SCAN QR CODE TO RESERVE

These popular offerings fill up fast, so please secure your reservations early; walk-ins can only be accommodated when space permits. While all offerings are subject to change or are condition-contingent, we can recommend many alternatives — rain, shine or rainbows!