WELLNESS

DAY PASS

Wellness Day Pass
$99 | Three hours
+$40 | Four hours valet parking

*Discover an immersive wellness escape at Melbourne's exclusive Bamford Wellness Spa. For just **$99**, enjoy three hours of uninterrupted access to premium wellness experiences designed to calm the mind, restore the body and leave you feeling renewed. To make your visit even more seamless, enjoy four hours of valet parking for an additional $40.*

Your Wellness Day Pass unlocks the following carefully curated collection of luxury wellness experiences:

Arrival Experience
- Beauty Renewal Spritz on arrival
- Welcome gift

Spa Comforts
- Locker, robe, slippers and towels
- Access to the spa relaxation lounge
- Herbal teas throughout your visit
- Luxurious Bamford amenities

Hydrothermal Wellness
- Indoor pool
- Vitality pool
- Steam room
- Traditional sauna

Fieldhouse Gym
- Full access to our premium Technogym fitness centre with floor-to-ceiling natural light and views across the Yarra River.

Personalised Wellness Experience
Choose from:

- Soundwave Therapy
- Compression Boots
- PEMF or Amethyst Bio Mat
- Red Light or LED Therapy

Exclusive Privileges

- 15% off Bamford retail
- 10% off same-day Bamford Wellness Spa treatments, with the exception of our Exclusive Offers and Wedding Collection.

Make a Day of It
Planning to stay a little longer? Dine with us and enjoy **15% off** food and beverage across our hotel restaurants*

Terms & Conditions

- *Three-hour access is included with each Wellness Day Pass.*
- *Wellness Day Passes are available during Bamford Wellness Spa operating hours.*
- *Dining reservations are subject to availability.*
- *15% food and beverage applies only when dining on the day of your visit.*
- *Wellness Day Passes are available to guests over 18 years.*

* Includes From Here By Mike, Neighbours and Crane Bar