# RETREAT | RESTORE | RELAX

HOTEL

SOLICE

#### Available 8am - 8pm | 7 days a week

All appointments are performed via SOLICE Health and include a nurse visit to a hotel and telephone consultation with a doctor.

#### Under the Weather

A high dose of vitamin C, magnesium and, as required, anti-inflammatory, analgesic, and anti-sickness medications. Ideal for those recovering from surgery, flu, covid or gastroenteritis, this drip speeds up recovery and boosts energy levels.

#### **Beauty Tonic**

This IV infusion contains a high dose of glutathione, a free-radical antioxidant that clears the complexion and, in high doses, allows melanin washout, encouraging a brighter skin tone. Biotin strengthens hair and nails, and a powerful blend of vitamins, amino acids and minerals improves follicular vigour and strength.

#### The Vitamin Drip

This premium IV drip is the perfect blend of essential micronutrient vitamins and minerals to keep nerve and blood cells healthy while banishing lethargy and low mood.

#### **Deluxe Recovery**

B and C vitamins, a boost of B12 and, as required, anti-inflammatory, analgesic, and antisickness medications speed up recovery from excess alcohol consumption. This hydrating IV drip eliminates headaches, reduces inflammation, eliminates nausea, and replenishes the body.

#### Jet Lag Reset

This effective combination of prescription-only anti-inflammatory and analgesic drugs, electrolytes, B vitamins and an amino acid infusion of taurine and glutamine is designed to beat post-travel tiredness, reset the sleep-wake cycle, and reduce inflammation.

#### Myers Cocktail

The famous mixture of vitamins and minerals, including magnesium, calcium, B-vitamins, B-complex and vitamin C, is delivered intravenously and helps to reduce fatigue, enhance the immune system, and combat seasonal allergies.

SOLICE IV THERAPY

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420

420

420

490

350

420

#### The Olympian

The Olympian IV Drip is a great way to achieve a little more from your workout routine, enhancing recovery time and reducing muscle soreness. Designed for the sportsman or woman pre or post-workout and as part of a workout programme, this drip contains powerful antioxidants which reduce inflammation and oxidative stress, increasing blood flow to the muscles, enabling lactate washout and thus reducing delayed onset muscle soreness (DOMS).

#### Limitless

The Limitless IV Drip is a package IV. It includes any drip from our menu or a bespoke infusion of up to 6 ingredients plus an NAD+ infusion of 500mg; this refreshing infusion features highdose Vitamin C, a key ingredient crucial for collagen and elastin production. It also includes a mega dose of Glutathione, a free radical antioxidant which clears your complexion and assists your liver in detoxifying your body.

#### **Skin Brightening**

Evening and brightening skin tone from within; this group contains antioxidants and well as amino acids to boost the immune system and support collagen.

#### Mood Booster

A drip to improve mood explicitly reduces anxiety, improves sleep, stabilises mood, increases energy, and supports brain function.

#### Hair Nourishment

This is a powerful IV nutritional supplement that has been formulated to assist those with brittle nails and hair issues, including hair loss, brittleness, and thinning. Discover our Hair Nourishment IV Drip, a transformative solution for enhancing hair vitality. Enriched with Biotin, it fuels hair growth by fortifying scalp oxygenation and nutrient delivery through red blood cells. Vitamin C acts as a robust defence against delivery through red blood cells. Vitamin C acts as a robust defence against damage, warding off oxidative stress to ensure hair resilience against breakage. Moreover, it fosters collagen synthesis and optimal iron absorption, contributing to stronger hair structure.

#### **Immunity Booster**

Created with an immunity-boosting blend of selenium, zinc, B vitamins, and vitamin C, this IV drip contains essential nutrients that encourage optimal immune system performance.

## SOLICE IV THERAPY

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#### 420

490

840

420

420

490

#### The Classic

A pH-balanced and electrolyte-rich solution designed to rehydrate, refresh, and rejuvenate. This drip uses the most premium solutions available.

#### **IM BOOSTERS**

B12138Essential for energy production.138Glutathione138

Glutathione Free-radical antioxidant.

#### AMINO ACIDS

<b>Taurine</b> Supports metabolism, enhances physical performance and increases energy levels. Supplementation can also help with anxiety and weight loss.	105
<b>Carnitine</b> Improves energy and exercise capabilities, and has also been shown to assist brain function and nerve pain.	105
<b>Glutamine</b> Aids memory and focus, also shown to help with performance, build muscle and aid in gut health.	105
<b>Glutathione</b> The master antioxidant—anti-inflammatory, skin-brightening, and essential for tissue repair and cell turnover.	105
<b>Glycine</b> Vital in the role of health skin health and nails and is the most abundant amino acid found in collagen.	105

## SOLICE IV THERAPY

тепи

350

### SOLICE THERAPY menu

THERAPY

Reflexology	
60-minute treatment	300/ 370
90-minute treatment	
Acupuncture	300/ 370
60-minute treatment	
90-minute treatment	
Ozone facials	300/ 370
60-minute treatment	
90-minute treatment	
Scenar therapy	300/ 370
60-minute treatment	
90-minute treatment	
Reiki	195/ 250
60-minute treatment	
90-minute treatment	
Intuitive massage	195/ 250
60-minute treatment	
90-minute treatment	

For reservation please contact Tel: 02039880055 | LHR1HMF-Reservations@1hotels.com