



'tis the festive season



sip & savor the season

Advanced reservations strongly encouraged

DEC 24, CHRISTMAS EVE DINNER

Three-course pre-fixe dinner and à la carte menu upon request
1 Kitchen, 5:30pm-9pm

DEC 25, CHRISTMAS DAY

Breakfast extended hours
1 Kitchen, 6am-12pm

Dinner buffet
1 Kitchen, 3pm-9pm

DEC 31, ALOHA 2025

Breakfast extended hours
1 Kitchen, 6am-12pm

Dinner buffet, live music, and keiki section
1 Kitchen, 5:30pm-10pm

Live music and champagne toast countdown
Welina Terrace, 4pm-1am

Keiki countdown for the early birds
The Sandbox, 8pm

JAN 1, NEW YEAR'S DAY

Breakfast extended hours
1 Kitchen, 6am-1pm

festival of lights

Each evening, we invite guests to gather for a beautiful menorah lighting ceremony. As we light the candles, share blessings, and reflect on the significance of this cherished tradition, connect with fellow guests, and create lasting memories in a welcoming atmosphere.
Reception, Sunset time varies
December 25 - January 2



trunk shows

Embrace the spirit of giving and discover a curated selection of local Hawaii-based vendors at our exclusive pop-ups and trunk shows, featuring unique gifts.

Goodthings & Bamford Wellness Spa
Daily, 10am-2pm

spa services

B SILENT NIGHT COUPLES EXPERIENCE 80 MINUTES

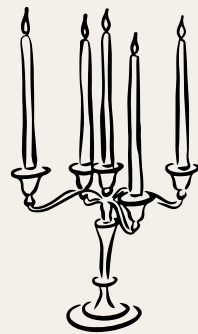
The ultimate deep relaxation gift to experience together consisting of a footbath, back massage, assisted stretches, Shiatsu techniques, and temple balm to enhance sleep and relieve stress.
Reserve with Concierge

HOLIDAY HARMONY HONEY FACIAL 80 MINUTES

Revitalize your skin with tulsii, honey, and kukui nut oil, smoothing fine lines, reducing inflammation, and leaving a radiant, deeply hydrated glow.
Reserve with Concierge

VITALITY KAUAI

Receive a complimentary B12 shot with any 80-minute or longer Bamford Wellness Spa service or receive a complimentary wellness consultation with any IV.
Daily, 9am-5pm



audi excursions

DRIVE SUSTAINABLY
FORWARD WITH THE OFFICIAL
VEHICLE OF 1 HOTELS

TEST DRIVE

During your stay, explore the natural beauty of Kaua'i with a two-hour test drive in a fully electric Audi e-tron.
By Appointment, Reserve with Concierge

EXCURSIONS

Limahuli Garden & Preserve
Anaina Hou Community Park
Lydgate Farms Chocolate Tour
By Appointment, Reserve with Concierge

HOUSE CAR

The house Audi e-tron is available on a first-come, first-served basis from the hotel entrance for drop-off service in the Princeville area.
Wednesday-Sunday, 9am-5pm

mālama · give back

GIVE BACK TO THE COMMUNITY THROUGH PASSION AND PURPOSE

WAI PĀ FOUNDATION FOOD & FARM TOURS

Tues, Weds & Thurs
In-depth experience of the Hawaiian cultural relationship between people, food, and 'āina (natural resources).
Topics vary.
Learn more waipafoundation.org/food-and-farm-tours

SURFRIDER KAUAI NET PATROL AND BEACH CLEANUPS

Days and locations vary
Learn more kauai.surfrider.org/events
For details call 808.635.2593

FIELD TRIP FOR SHELTER DOGS

By Reservation
Share the love with pups who need it most. Visit kauaihumane.org/service/field-trips to reserve your date.

WE CARE KAUAI

Select from wildlife protection programs, coastal cleanups, trail and fishpond restorations, and taro patch remediation. Learn more via WeCareKauai.org

PLEDGE FOR OUR KEIKI

Sign the pledge, a commitment to respect, care, and protect Hawai'i. Browse our initiatives on KanuHawaii.org

4OCEAN SELF-GUIDED MARINE DEBRIS CLEAN-UP

Leave things better than you found them as you explore Kaua'i's beautiful beaches. Ocean bags for marine debris pick-up available at Porte Cochère.

To reserve excursions
and activities,
visit concierge or call
808.826.9644

huaka'i adventures

GUIDED & SELF-GUIDED EXPERIENCES

STAND UP PADDLE BOARDS BODYBOARDS SNORKELING RIVER KAYAKING OUTRIGGER CANOE TOURS

Beach Activities Hale, Honoiki Beach
*Excursions and rentals are weather and surf permitting

CRUISER BIKES

First-come first-served basis
Valet Desk, Porte Cochère,
Daily, 9am-4pm

golf & tennis club

DRIVING RANGE

Makai Golf Course
Daily, 7am-4pm

9 or 18 HOLES AT PRINCEVILLE MAKAI

Daily tee times 8:05am-3:25pm

SUNSET TOUR

Monday-Friday,
Sunset time varies

PICKLEBALL

Drop-ins Mon, Wed, Fri 9am
(beginners only), 3pm (all levels); Tue & Thur, 3pm (all levels) or courts available by reservation

TENNIS

Daily, 8am-4pm, courts available by reservation

DISC GOLF

Daily, 8:30am-5pm,
by reservation

photography

CORAL PHOTOGRAPHY

Daily, By Appointment
Stop by 4th floor or email
1hk@coralphotography.com to book your session.

kaua'i's premier activites

HELICOPTER TOURS

Experienced pilots unveil Kaua'i's hidden wonders on this awe-inspiring aerial adventure.

LŪ'AU

Experience captivating hula dances, lively music, thrilling fire-knife performances, and an authentic feast of Hawaiian flavors.

CATAMARAN SNORKEL

Encounter dolphins, sea turtles, and tropical fish on this unforgettable day cruise.

SUNSET SAIL

Choose between a leisurely sunset sail on Kaua'i's south shore or indulge in a delectable dinner cruise featuring breathtaking views of the majestic Nāpali Coast.

ISLAND TOUR

Let local guides take the wheel as you explore Kaua'i's diverse beauty. View iconic locations such as Spouting Horn, Waimea Canyon, and Fern Grotto.

NĀPALI COAST RAFTING ADVENTURE

On a high-speed raft tour, discover hidden sea caves and cruise alongside dolphins.

KAYAKING

Paddle along the gentle waters of the Wailua River. Learn legends and discover Kaua'i's diverse flora and fauna from expert local guides.

ATV ADVENTURE

Explore stunning ocean vistas and thrilling off-road trails on a guided ATV tour of Kaua'i's captivating terrain.

FISHING

Cast your line from a local deep-sea fishing charter & experience the thrill as you reel in prized catches, including Marlin, Ono, Ahi & more.

ZIPLINE ADVENTURE

Embark on a thrilling zipline adventure as you soar across tropical treetops, tumbling waterfalls, lush valleys, and even famous movie sites.

SURFING

Paddle out and learn the Hawaiian art of surfing. Seasoned instructors provide group or private lessons.

BOTANICAL GARDENS

Experience an oasis of biodiversity as you wander through lush gardens at one of Kaua'i's stunning botanical gardens.

COMMON GROUND FOOD FOREST & DINNER EVENT

Explore regenerative farming with a working food forest followed by a plant-based dinner experience.

1

HOTEL

hanalei bay

guiding your stay festive season



1HOTELS.COM/HANALEI-BAY

@1HOTEL.HANALEIBAY

festive season • december 22 - january 5

Welina mai me ke aloha! Our Daylife offerings are designed to immerse you in all the elements that make us who we are, focused on conscious living in harmony with our natural world.

SEEDLINGS aloha camp



Our licensed camp for children ages 6-12 years old is a hub of imagination and discovery, creating an environment where kids can simply be kids.

Seedlings Basecamp, 10am-1pm
December 24 - 27 & 30-31
January 1 & 3



RESERVATIONS REQUIRED FOR AGES 6-12

aloha hours

Open play for children with parent/guardian supervision.

Seedlings Basecamp
Thursdays, 2pm-3:30pm
*Unavailable January 2

activities

'OHANA MARINE LIFE MAGIC ☞
An engaging and wondrous walk through our local tide pools.
Seedlings Basecamp, 8:30am-9:30am
December 24, 25, 30, 31,
January 1

'OHANA MOVES ☞
Get the whole family moving and grooving with a fun-filled workout.
Hala, 1pm-1:50pm, Age 5+
December 23, 26, 28, 30,
January 2, 4

'OHANA LEI MAKING ☞
Learn a new craft and the cultural tradition behind it.
Kaulu Hale, 2:30pm-3:30pm
December 24, 25, 27, 30, 31,
January 1, 3

'OHANA NATURE WALK ☞
Stroll amidst lush foliage and gentle ocean breezes.
Seedlings Basecamp, 8:30am-9:30am
December 26 - 27
January 3



for the young & young at heart

ORNAMENT DECORATING ☞
Kolea, 10am-12pm, Age 8+, December 22, 23

GINGERBREAD HALE ☞☞
Kolea, 10am-12pm, December 24

COOKIE DECORATING ☞☞
Kolea, 2pm-4pm, December 21, 28

A VISIT FROM SANTA CLAUS ☞
Kamani Cove, 10am, December 23

BUBBLES & BEATS POOLSIDE PARTY ☞
Main Pool, 12pm-4pm, December 30



by day

by night

'OHANA ACTIVITY ROOM ☞
Indoor fun with games and activities. Visit concierge for details.
10th Floor Daily, 9am-5pm

WAI APOTHECARY BAR
Welina Terrace, Thur-Sun,
9am-1pm

KAUAI'S MUSIC SCENE
The Sandbox
Nightly, 5:30pm-8:30pm

Welina Terrace
Thursday-Saturday, 5pm-8pm

S'MORES UNDER THE STARS ☞
The Sandbox, 6pm - 8pm
December 26-31

saturday cont.

HOT YOGA ☞
Heated flow, focused on smooth, effortless transitions.
Hala, 11:30am-12:20pm

MYOFASCIAL RELEASE ☞
Foam roller techniques to ease pain, relax muscles, and boost circulation.
Hala, 3:30pm-4:20pm

MINDFUL MIXOLOGY ☞
A mindful approach to mixing cocktails with non-alcoholic spirits, featuring Lyre's.
Welina, 3pm-4pm, Ages 21+
*Available 1/4

1 RESET ☞
Sink into a cloud cushion while syncing to binaural beats.
Hala, 5pm-5:50pm

SUNRISE FLOW
Smooth, flowing morning asanas.
Meet at Anatomy, 6:55am-7:50am, *Starts at 6:30am on 1/5

MYOFASCIAL RELEASE ☞
Foam roller techniques to ease pain, relax muscles, and boost circulation.
Hala, 8:30am-9:20am

METABOLIC MELTDOWN
Plyometric training for maximum calorie burn.
Anatomy, 11:30am-12:20pm

RUM & CACAO ☞
Discover tasting notes from a selection of curated rum and cacao pairings.
Hanalei, 3pm-4pm, Ages 21+
*Available 12/22 & 12/29

MINDFUL MIXOLOGY ☞
A mindful approach to mixing cocktails with non-alcoholic spirits, featuring Lyre's.
Welina, 3pm-4pm, Ages 21+
*Available 1/5

SOUL SWEAT
Heated conscious bootcamp-style workout.
Hala, 3:30pm-4:20pm

SEVEN CHAKRAS SOUND & MEDITATION ☞
A reflection and intention-setting session designed for the season.
Hala, 5pm-6:20pm, *Available 12/22 & 12/29

friday

SUNRISE FLOW
Smooth, flowing morning asanas.
Meet at Anatomy, 6:55am-7:50am, *Starts at 6:30am on 1/3

CORAL REEF TALK ☞
Brief intro to caring for our reef and sea creatures.
Beach Activities Hale, 8:30am-9am

SOUL SWEAT
Heated conscious bootcamp-style workout.
Hala, 8:30am-9:20am

GUIDED HIKE BEGINNER ☞☀
Trek alongside a local guide through the lush tapestry of Kauai's tropical wonderland.
Porte Cochere, 8:45am-12pm
*Responsible for own transportation

1 INTEGRATE ☞
Stability, mobility, and proprioception training using Waff Mini Elites.
Hala, 10am-10:50am, *Available on 1/3

PULSE & POWER ☞
Combines barre and Pilates, focusing on bodyweight exercises to build strength, flexibility, and endurance.
Hala, 11:30am-12:20pm,
*Available 12/27 & 1/3

COOKING CLASS: CEVICHE ☞
Learn the art and science behind this dish with fresh and local ingredients.
Hanalei on 12/27, Kolea on 1/3
Ages 10+, 3pm-4pm

METABOLIC MELTDOWN
Plyometric training for maximum calorie burn.
Anatomy, 3:30pm-4:20pm

saturday

SUNRISE FLOW
Smooth, flowing morning asanas.
Meet at Anatomy, 6:55am-7:50am

1 BEACH
Beachside movement session featuring the Albizia Gym.
Meet at Anatomy, 8:25am-9:20am

ROOTED IN NATURE MEDITATION ☞
Immerse yourself in the lush surroundings of the North Shore as you are guided through an array of meditation techniques.
Meet at Anatomy, 10am-10:50am
*Available 12/28

thursday

SUNRISE FLOW
Smooth, flowing morning asanas.
Meet at Anatomy, 6:55am-7:50am

1 BEACH
Beachside movement session featuring the Albizia Gym.
Meet at Anatomy, 8:25am-9:20am

TI-LEAF LEI MAKING ☞
Hand craft this Hawaiian expression of aloha.
Kaulu Hale, Ages 8+, 9am-10am
*Available 12/26

PŌHAKU PAINTING ☞
Discover the history of Hawaiian petroglyphs by creating rock art.
Kaulu Hale, Ages 8+, 10:30am-11:30am
*Available 12/26

COUPLE'S MASSAGE WORKSHOP ☞
Learn to help your partner relax and explore new depths and dimensions of connection this season through a guided intimate hands-on class.
Hala, 12/26: 11:45am-12:35pm
Hala, 1/2: 10:45am-11:35pm

KETTLEBELL FLOW ☞
High intensity ballistic muscle workout.
Anatomy, 11:30am-12:20pm

ART OF KŌNANE ☞
A great game for families who love a good challenge and the thrill of strategy!
Neighbors, 2pm-4pm
*Available 12/26, no reservation required.

FAMILY MIXOLOGY ☞☞
Mocktails for all ages; with booze Ages 21+.
Hanalei, 3pm-4pm, *Available 12/26

COZY COCKTAILS & WINTER WARMERS ☞☞
Holiday classics with an island twist; keiki can enjoy hot cider and hot chocolate.
Hanalei, 3pm-4pm, *Available 1/2

GLUTE CAMP
Leg workout for strength and definition.
Hala, 3:30pm-4:20pm

PAINT AND SIP ☞☀
Watercolor workshop paired with wine.
Kaulu Hale, 4pm-6pm

HOT PILATES ☞
Heated mat-based class concentrated on control and flow.
Hala, 5pm-5:50pm

wednesday

SUNRISE FLOW
Smooth, flowing morning asanas.
Meet at Anatomy, 6:55am-7:50am

CORAL REEF TALK ☞
Brief intro to caring for our reef and sea creatures.
Beach Activities Hale, 8:30am-9am

1 SPIN ☞
A high-energy ride to invigorate both body and mind.
Hala, 8:30am-9:20am, *Unavailable 1/1

HOT PILATES ☞
Heated mat-based class concentrated on control and flow.
Hala, 8:30am-9:20am, *Available 1/1

GUIDED HIKE BEGINNER ☞☀
Trek alongside a local guide through the lush tapestry of Kauai's tropical wonderland.
Porte Cochere, 8:45am-12pm
*Responsible for own transportation

LIGHT OF THE SEASON YOGA
A gentle yoga practice centered around light and connection.
Hala, 10am-10:50am, *Available 12/25

GRATITUDE & INTENTION YOGA
Link intention to action for the New Year.
Hala, 10am-10:50am, *Available 1/1

1 BOX ☞
Intense cardio boxing workout.
Meet at Anatomy, 11:30am-12:20pm

TEQUILA + MEZCAL TASTING ☞
Sample collections curated by our resident tequila expert.
Welina Terrace, 3pm-4pm, Ages 21+

SOUL SWEAT
Heated conscious bootcamp-style workout.
Hala, 3:30pm-4:20pm

1 RESET ☞
Sink into a cloud cushion while syncing to binaural beats. Hala, 5pm-5:50pm

☞ **ALL AGES:** Designed with families in mind, all ages welcome unless otherwise noted. Children must be accompanied by a parent/guardian.

☀ **TEEN-FRIENDLY:** Age 13+

☞ **ADDITIONAL FEE AND NO-SHOW FEE APPLIES:** A full no-show fee per person applies if not canceled at least 24 hours before the start of the event.

tuesday

SUNRISE FLOW
Smooth, flowing morning asanas.
Meet at Anatomy, 6:55am-7:50am

SOUL SWEAT
Heated conscious bootcamp-style workout.
Hala, 8:30am-9:20am

PRINCEVILLE JINGLE WALK WITH GM ☀
Join Nicholas Gold, our General Manager, for a spirited powerwalk.
Porte Cochère, 9am-10am, *Available 12/24

1 INTEGRATE ☞
Stability, mobility, and proprioception training using Waff Mini Elites.
Hala, 10am-10:50am, *Available 12/24

METABOLIC MELTDOWN
Plyometric training for maximum calorie burn.
Anatomy, 11:30am-12:20pm

AWAKEN AND EMPOWER ☞
A movement series of compound exercises, boxing, and yoga to feel alive and alert.
Anatomy, 12pm-1:20pm, *Available 12/31

MYOFASCIAL RELEASE ☞
Foam roller techniques to ease pain, relax muscles, and boost circulation.
Hala, 3:30pm-4:20pm

SUNSET GOLF CART TOUR ☞
Beautiful views and stories of the land and ocean with stunning sunset location at final stop.
Princeville Makai Course, 4:15pm-Sunset

monday

SUNRISE FLOW
Smooth, flowing morning asanas.
Meet at Anatomy, 6:55am-7:50am

CORAL REEF TALK ☞
Intro to caring for our reef & sea creatures.
Beach Activities Hale, 8:30am-9am

1 BOX ☞
Intense cardio boxing workout.
Meet at Anatomy, 8:30am-9:20am

GUIDED HIKE BEGINNER ☞☀
Trek alongside a local guide through the lush tapestry of Kauai's tropical wonderland.
Porte Cochere, 8:45am-12pm
*Responsible for own transportation

HULA, HAWAIIAN DANCE ☞
Embody the island's cultural dance.
Kaulu Hale, Ages 8+, 9am-10am,
*Available 12/30

1 CORE
Build deep core strength and spinal stability through mindful movement and breathwork.
Hala, 10am-10:50am, *Available 12/23

LAU HALA BRACELET WEAVING ☞
Traditional weaving of Pandanus leaves into wearable art.
Kaulu Hale, Ages 8+, 10:30am-11:30am,
*Available 12/30

HOT PILATES ☞
Heated mat-based class concentrated on control and flow.
Hala, 11:30am-12:20pm

ULTIMATE FIT ☞
Cardio-vascular endurance, agility, and muscular strength training from gym to beach.
Meet at Anatomy, 11:30am-12:50pm,
*Available 12/30

ART OF KŌNANE ☞
A great game for families who love a good challenge and the thrill of strategy!
Neighbors, 2pm-4pm, *Available 12/30, no reservation required.

COOKING CLASS: POKE ☞
Dive into the flavors and techniques of Hawai'i's beloved poke bowl.
Hanalei on 12/23, Kolea on 12/30
Ages 10+, 3pm-4pm

THE PERFECT MAI TAI ☞
Master the mixology secrets of this tropical cocktail.
1 Kitchen, 3pm-4pm, Ages 21+

GLUTE CAMP
Leg workout for strength and definition.
Hala, 3:30pm-4:20pm

RESERVATIONS REQUIRED PLEASE SCAN QR CODE TO RESERVE

These popular offerings fill up fast, so please secure your reservations early; walk-ins can only be accommodated when space permits. While all offerings are subject to change or are condition-contingent, we can recommend many alternatives – rain, shine or rainbows!