

Vitahealth

PRECISION WELLBEING

Menu Of Wellbeing Treatments



We believe in nurturing 360-degree wellness from the inside out. Our experienced Medical Team at Vitahealth joins doctors, nurse practitioners and registered nurses to analyze your current state and administer a wide of Precision Wellbeing services tailored to your internal needs.

With numerous nutrient infusions, and cosmetic and wellbeing treatments at your fingertips—find out what it feels like to cultivate foundational wellness that generates a positive ripple effect throughout all of your synergistic systems.





About

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Vitahealth is a leading anti-aging and precision wellbeing brand and experience designed to enhance your overall well-being, slow down aging, and improve your overall quality of life.

We do this through treatments that activate your body's natural health, strength, and endurance at the cellular level.

Our treatments include super nutrients, infusions, peptide treatments, and personalized well-being counsel.

A Complete Body, Mind And Spirit Transformation.

✿ Reset

✦ Regenerate

✿ Radiance

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IV Therapy

IV Therapy

At Vitahealth, we prioritize your wellbeing by offering IV infusions—a powerful, advanced approach to enhance your body's natural healing and regeneration process. Our carefully selected, bio-available super nutrient infusions are easily absorbed and utilized by your body.

Transformative Benefits Include

-  Hydration Boost
-  Nutrient Replenishment
-  Energy Enhancement
-  Immune Support
-  Faster Absorption
-  Electrolyte Balance
-  Stress Relief
-  Detoxification Aid
-  Anti-inflammatory Effects
-  Brain Health & Clarity

How Does It Work: 1. Add Premium Vitacore Drip | 2. Add Enhancements For Extra Impact

1.

Add Premium
Vitacore Blend
(12 Nutrients)

Boost your best being with our Vitacore IV Drip, consisting of 12 super premium Bio-available Nutrients.

2.

Add Premium
Enhancements
For Added Boost

Explore our bio-available enhancements designed for additional, targeted wellbeing impact.

Vitacore Premium Drip

Vitacore is our foundational infusion treatment, delivering a bio-available nutrient fueled infusion treatment that gives you the reset, restoration and refresh you need to wake up your best being.

☆ **Electrolytes:**

Replenish, hydrate, and restore your body's fluid balance for optimal well-being.

☆ **Vitamin C: Boost Immune System**

Fight oxidative stress, and promote vibrant health.

☆ **Calcium:**

Strengthen bones, support muscle function, and aid nerve transmission for wellness.

☆ **Copper:**

Enhance energy production, promote connective tissues, and support antioxidants.

☆ **Magnesium:**

Improve muscle function, regulate mood, and support balanced well-being.

☆ **Manganese:**

Contribute to bone health, aid metabolism, and support brain function.

☆ **Zinc:**

Boost immune function, aid wound healing, and support healthy skin and nails.

☆ **Thiamine (B1):**

Support energy metabolism, promote nerve function, and enhance well-being.

☆ **Riboflavin (B2):**

Aid energy production, support eye health, and promote healthy skin and hair.

☆ **Niacin (B3):**

Support cardiovascular health, enhance brain function, and contribute to healthy skin.

☆ **Dexpanthenol (B5):**

Promote hormone production, support skin and hair health, and aid wound healing.

☆ **Pyridoxine (B6):**

Support brain function, aid neurotransmitter production, and promote immune health.



Enhancements: Boost Your Vitacore & Wellbeing

Reset



WEIGHT LOSS

Carnitine transports fats, increases energy through fat-burning.

Alpha Lipoic Acid boosts metabolism, enhances glucose and fat burning.

Biotin involved in metabolism of carbohydrates & fats.

Chromium regulates insulin, reduces hunger and cravings.

STRESS RELIEF

Magnesium regulates neurotransmitters, fosters calming and relaxation.

Lysine mitigates anxiety, supports serotonin production levels.

Glycine promotes sleep, helps nervous system regulation.

Methyl B12 boosts energy, fosters emotional well-being balance.

HANGOVER CURE

Toradol eases inflammation, reduces headache and body aches.

Peppid alleviates heartburn, neutralizes stomach acid production.

Zofran quells nausea, prevents vomiting from hangovers.

GLUTATHIONE DETOX

Detoxifies the body, strengthens immunity, enhances skin health, combats cellular damage, and potentially slows aging, contributing to overall well-being.

Regenerate



IMMUNITY

Vitamin C boosts immunity, encourages white blood cell production.

Lysine strengthens immunity, aids in antibody production.

Zinc critical for immune cells, fights infections.

Pyridoxine stimulates immune response, promotes antibody production.

REPAIR

Lysine accelerates wound healing, aids in tissue regeneration.

Proline aids in tendon repair & joint health.

Glutamine Promotes muscle repair, speeds up recovery.

Methyl B12 boosts cell production, enhances bone healing.

PAIN RELIEF

Toradol powerful NSAID, effectively reduces severe pain.

Magnesium minimizes nerve pain, aids muscle relaxation.

Riboflavin migraine relief, lowers frequency of headaches.

Alpha Lipoic Acid neutralizes free radicals, reduces nerve pain.

EXTRA HYDRATION

Rapidly replenishes fluids, corrects electrolyte imbalances, promotes optimal organ function, boosts energy, and helps in fast recovery from illnesses or dehydration.

Radiance



ENERGY

Taurine enhances physical energy, reduces fatigue, promotes wakefulness.

B Complex boosts metabolism, converts food into energy.

Methyl B12 necessary for energy production, fights fatigue.

Hydroxy B12 increases energy, reduces tiredness and weakness.

FITNESS

Arginine boosts nitric oxide, improves workout performance, stimulates production of HGH

Lysine enhances muscle recovery, aids in protein synthesis.

Citrulline improves blood flow, enhances exercise endurance.

Ornithine reduces fatigue, promotes recovery after workouts.

FOCUS

Taurine boosts neural activity, promotes mental clarity.

Folate essential for brain health, improves concentration.

Pyridoxine supports neurotransmitter synthesis, enhances cognitive function.

Methyl B12 fuels brain cells, improves mental focus & memory..

SKIN CARE

Biotin improves skin health, promotes even complexion.

Dexpantenol hydrates skin, improves texture and tone.

Glycine promotes collagen, enhances skin's radiant glow.

Glutamine boosts skin hydration, reduces wrinkle formation.



Injectable Nutrients

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Vitamins

Vitamins support wellbeing by aiding immune function, energy, and cellular repair. Injectable vitamins offer better absorption, faster effects, and personalized dosing for optimal results, helping achieve optimal health and wellbeing.

Vitamin B5 - Helps fight infection by building antibodies.

Vitamin B6 - Reduces muscle spasms, leg cramps, hand numbness, and certain forms of neuritis.

Vitamin B12 - Improves concentration, memory, and coordination.

B Complex - Boosts overall energy and physical stamina.

Biotin - Helps in preventive treatment for hair loss.

Folate - Helps ward off anemia.

Vitamin C - Aids in preventing viral and bacterial infections.

Vitamin D - Boost immune system.

Vitamin E - Boosts endurance and combats fatigue.

Vitamin K - Promotes healthy blood clotting.

Amino Acids

Building blocks of proteins, vital for muscle repair, hormone production, and neurotransmitter regulation. Injected amino acids enhance muscle growth, improve performance, and support wellbeing—a key component of holistic wellness.

Arginine - Helps metabolize stored fat and tone up muscle tissue.

Carnitine - Plays a crucial role in the production of energy and weight loss.

Glutamine - Promotes muscle growth and decreases muscle stagnation.

Glycine - Improves sleep and aids in collagen production.

Lysine - Helps prevent herpes simplex infection, fever blisters, & cold sores.

NAD+ - Helps create ATP—a major source of energy for all cells.

Proline - Cellular regeneration, tissue repair, and collagen building.

Taurine - Boosts energy levels and mental focus.

Tryptophan - Acts as a non-drug antidepressant, relieves anxiety and tension, and alleviates migraines.

Antioxidants

Antioxidants are compounds that help protect cells from damage caused by free radicals. Injected antioxidants can have potent and rapid effects on wellbeing, including reducing inflammation, improving skin health, and supporting immune function, among others. By neutralizing harmful free radicals, antioxidants can help promote overall health and wellbeing.

Glutathione - Fights free radicals and slows the aging process.

Lipoic Acid - Reduces blood pressure.

Co-Q10 - Increases energy and athletic performance.

Premium Blends

A revolutionary vitamin injection service designed to optimize your well-being. Our unique formula combines carefully selected nutrients for synergistic benefits, delivering a potent blend of vitamins and minerals that invigorate and nourish your body. With Premium Blends, you're investing in a holistic approach to wellness that enhances your vitality and protects your health.

Athletic Boost

Enhances performance and speeds up recovery.

Detox Shot

Most versatile detoxifier in the body

Happy Shot

Dopamine-enhancing nutrients for mood uplift.

Immunity Shot

Supercharges your immune system

Iron Support

improve the body's iron levels and overall health.

Pain Drain Shot

Focuses on reducing pain caused by inflammation

Skin Repair Shot

Improves the appearance of skin.

SlimShot

Vitamins, minerals, and amino acids that accelerate weight loss.

Student Shot

Boosts cognitive function and relieves stress.



Metabolic Reshaping™

Medical Weight Loss









Metabolic Reshaping™

Maintaining a healthy weight level can reduce the risk of numerous health issues, including heart disease, diabetes, and certain cancers. GLP-1 treatments, along with a healthy diet and regular exercise, can support weight loss and improve metabolic function. Coaching can also provide guidance and accountability to help individuals achieve and maintain a healthy weight level.

Metabolic Reshaping At 1 Hotels

At our Hanalei Bay location we will be able to do the initial consultation, foundational treatments to get you started with your Metabolic Reshaping Journey. The self-injectable medications then get sent to the comfort of your home.

Benefits

- | | | |
|--|--|--|
|  Reduced Blood Glucose Levels |  Reduced Risk of Diabetes Complications |  Improved Metabolic Health |
|  Weight Loss |  Improved Sleep |  Increased Lifespan By Reducing Risk of Chronic Disease |
|  Improved Cardiovascular Health |  Better Mental Health | |

Ongoing Program Delivers



- | | | |
|---|---|---|
| <ul style="list-style-type: none">✔ Consultation with a Medical Provider✔ 1 Month Supply of Semaglutide Injection* (Dosage varies from 1mg – 5mg and is dependent the round of therapy ordered)✔ Comprehensive Review of Medical History✔ Physical Examination | <ul style="list-style-type: none">✔ Comprehensive Metabolic Lab Analysis✔ Monthly Advanced Segmental Body Composition Analysis✔ Custom Nutrition & Diet Program with Daily Guidance on Diet and Recipes | <ul style="list-style-type: none">✔ 1:1 Coaching & Medical Guidance✔ Ongoing Evaluations and Consultations✔ Syringes & Alcohol Pads |
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Peptides

Peptides

Short amino acid chains with roles in hormone regulation, immune support, and tissue repair. They bind to receptors on cells, triggering responses like hormone release, immune activation, and tissue growth.

Customized Benefits: Peptides offer diverse wellbeing benefits tailored to individual needs. Enhance cognitive function, boost immunity, or promote tissue repair. Our clinic creates personalized treatment plans to support your unique goals.

Transformative Benefits Of Peptides

-  Muscle Growth And Repair
 -  Youthful Skin
 -  Fat Burning And Metabolism
 -  Immune Support
 -  Cognitive Enhancement
 -  Hormone Regulation
 -  Enhanced Recovery
 -  Increased Stamina
 -  Joint Health
 -  Overall Vitality
-

Antiaging

BPC-157: promotes tissue repair, reduces inflammation, and accelerates wound healing. It has applications in injury recovery and gut health. By supporting overall health, BPC-157 might indirectly contribute to anti-aging effects.

Epitalon: a synthetic peptide that has been studied for its potential effects on extending lifespan and promoting overall health. It stimulates the production of telomerase, an enzyme that helps maintain the length of telomeres, which are protective caps on the ends of chromosomes.

Thymosin Beta4 (TB-500): a peptide that has regenerative and anti-inflammatory properties. Commonly used to enhance muscle and tendon repair, as well as reduce inflammation in athletes. It can contribute to overall health and potentially slow down the aging process.

Thymosin Alpa-1: a peptide that has immunomodulatory properties, helping to regulate and boost the immune system. A healthy immune system is essential for overall health and may contribute to delaying the aging process.

Brain Health/Cognitive

Semax: a synthetic peptide derived from adrenocorticotrophic hormone (ACTH), known for its neuroprotective and cognitive-enhancing properties. It may improve memory, attention, and learning by boosting brain-derived neurotrophic factor (BDNF) and nerve growth factor (NGF) production.

Selank: a synthetic peptide derived from human IgG, known for its anxiolytic, antidepressant, and neuroprotective properties. It may enhance cognitive function in stressed individuals by modulating brain neurotransmitter systems.

Cosmetic

Malanotan II: a groundbreaking peptide that enhances your natural tan while also stimulating libido and sexual function. Known for its ability to stimulate melanin production, increasing skin pigmentation for a tanned appearance. It also has appetite-suppressing and libido-enhancing effects.

GHK-Cu: a copper-containing peptide with antioxidant, anti-inflammatory, and wound-healing properties. It can stimulate collagen and elastin production, promote skin regeneration and repair, and improve skin firmness, potentially reducing the appearance of fine lines and wrinkles.

Hormone Restoration

Gonadorelin: regulates the release of luteinizing hormone (LH) and follicle-stimulating hormone (FSH) from the pituitary gland. It can help optimize reproductive hormone levels and treat certain hormonal imbalances.

Kisspeptin: a peptide hormone that plays a crucial role in regulating the hypothalamic-pituitary-gonadal (HPG) axis. It stimulates the release of gonadotropin-releasing hormone (GnRH), which in turn triggers the secretion of luteinizing hormone (LH) and follicle-stimulating hormone (FSH), supporting healthy reproductive function and hormone balance.

Growth Hormone

Sermorelin: a synthetic version of growth hormone-releasing hormone (GHRH), which stimulates the release of growth hormone from the pituitary gland. It is often used as an alternative to direct growth hormone supplementation to support hormone balance and improve overall well-being.

CJC-1295: a synthetic growth hormone-releasing hormone (GHRH) analog that increases the body's production of growth hormone. It promotes muscle growth, fat loss, and anti-aging effects.

Ipamorelin: a growth hormone-releasing peptide (GHRP) used for its anti-aging and muscle-building properties. It stimulates the production of growth hormone without significantly increasing cortisol or prolactin levels.
Growth Hormone Releasing

Peptides (GHRPs): GHRPs, such as GHRP-2 and GHRP-6, stimulate the release of growth hormone (GH) from the pituitary gland. Increased GH levels can lead to improved muscle mass, reduced body fat, and enhanced recovery.

Metabolic/Weight Loss

Semaglutide: a powerful weight loss aid that helps control appetite and promotes fullness. It's mainly used with type 2 diabetes treatment and is ideal for those seeking a healthier weight management solution.

AOD-9604: a peptide known for its fat-burning properties, AOD-9604 stimulates lipolysis (fat breakdown) and inhibits lipogenesis (fat accumulation). It is often used for weight loss and obesity treatment.

Liraglutide: an effective weight loss solution that curbs appetite and increases the feeling of fullness. Primarily used for treating type 2 diabetes, it's a popular choice for individuals seeking to manage their weight and improve overall health.

Tirzepatide: an innovative weight management solution that helps control appetite and enhance satiety. It targets both blood sugar regulation and weight loss, making it an ideal choice for those looking to improve their overall health and well-being.

Libido/Sexual Function

PT-141: (Bremelanotide): mainly used for treating sexual dysfunction in men and women. It works by activating melanocortin receptors in the brain, improving sexual arousal and desire. It stimulates sexual arousal and function in both genders. In 2019, the FDA approved Vyleesi, a PT-141 formulation, for treating premenopausal women with hypoactive sexual desire disorder (HSDD).

Kisspeptin: a peptide hormone important in regulating reproductive function. Recent studies suggest it may also influence sexual behavior and libido, potentially serving as a target for developing new treatments for sexual dysfunction.

Melanotan II: a groundbreaking peptide that enhances your natural tan while also stimulating libido and sexual function. Known for its ability to stimulate melanin production, increasing skin pigmentation for a tanned appearance. It also has appetite-suppressing and libido-enhancing effects.



Vitahealth

Vitahealth delivers safe, smart, and effective precision wellbeing treatments including infusion, injectables, peptides and weight management, to revive, strengthen and augment your best being.

We believe in the power of science, nature and your body to do wonders. Vitahealth is our vision to make smart wellbeing, accessible to elevate the everyday. No complications, simply walk in and access the power of your being, on your terms.

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PRECISION WELLBEING

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